



Herban Fresh

# 40682 - Tomato Cauliflower Soup

Herban Fresh is a line of premium soups featuring all-natural, non-GMO ingredients. Two percent from every purchase directly supports urban farming initiatives. Our Tomato Cauliflower soup might be vegan, low fat & gluten free, but boasts a rich, creamy texture thanks to the cauliflower.



## Nutrition Facts

Servings per Container **90**  
Serving size **241.0g (241g)**

Amount per serving  
**Calories 90**

	% Daily Value*
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 4g	<b>16%</b>
Total Sugars 9g	
Includes 3g Added Sugar	<b>%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 1.4mg	<b>8%</b>
Potassium 710mg	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Herban Fresh is a line of premium 23.5 oz refrigerated retail soups featuring all-natural, non-GMO ingredients. Two percent from every purchase of Herban Fresh soups directly supports urban farming initiatives. Conveniently packed 6 per case. Our Tomato Cauliflower soup might be vegan, low fat & gluten free, but boasts a rich, creamy texture thanks to the cauliflower.

### Ingredients

INGREDIENTS: TOMATO (tomatoes, salt, citric acid), CAULIFLOWER, VEGETABLE STOCK (water, sea salt, onion powder, maltodextrin\*, dextrose\*, yeast extract [yeast extract, salt], carrot powder, celery seed, white pepper, turmeric), BROWN SUGAR\*, ONION, OLIVE OIL, CORN STARCH, GARLIC, SEA SALT, BASIL, TOMATO CONCENTRATE (tomato concentrate, maltodextrin), OREGANO, CRUSHED RED PEPPER, NISIN.  
\*non-GMO

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep Refrigerated.

### Serving Suggestions

Heat & Serve.

### Prep & Cooking Suggestions

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. USE CAUTION WHEN HANDLING HOT CUP. Stovetop: Empty soup into saucepan, heat gently to 165F.

### 📄 Product Specifications

Brand	Manufacturer
Herban Fresh	Plenus Group

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	7163HF24	40682	10880632006383		6/23.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.5lb	8.8lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	9.5in	5in	0.38ft3	14x6	45days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	90	Total Fat	2g	Sodium	490mg
Protein	4	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	1.4mg
Sugars	9g	Added Sugars	3g	Potassium	710mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

