



Greenland  
41070 - Edamame

Edamame in pod, cooked soy bean in pod, ready-to-eat  
Ming Hong International is the industrys leading supplier of high quality Sushi & Asian Fusion cuisine ingredients.



\* Benefits

Edamame in pod, cooked soy bean in pod, ready-to-eat just thaw and serve  
Ming Hong International is the industrys leading supplier of high quality Sushi & Asian Fusion cuisine ingredients. We offer a wide range of products specifically for this sector. From A-Z, and everything in between, our quality products and professional staff is always at your service.

Ingredients

Soybean

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 100  
Serving size 80.0g (80g)

Amount per serving  
**Calories 90**

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 9g	3%
Dietary Fiber 8g	29%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 120mg	9%
Iron 1.8mg	10%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Edamame in pod, cooked soy bean in pod, ready-to-eat

Serving Suggestions

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Prep & Cooking Suggestions

Thaw & serve

📄 Product Specifications

Brand	Manufacturer	Product Category
Greenland	Ming Hong International	Vegetables, Canned & Frozen

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	85888	41070	20654156858882		20/1 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21lb	20lb	China	Yes	

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
16in	11in	8in	0.81ft3	10x9	183days	-2°F / -5°F





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Nutrition Analysis - By Measure

Calories	90	Total Fat	2g	Sodium	30mg
Protein	10	Trans Fats		Calcium	120mg
Total Carbohydrates...	9g	Saturated Fat	0g	Iron	1.8mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

