



Greenland

41070 - Edamame

Edamame in pod, cooked soy bean in pod, ready-to-eat
Ming Hong International is the industrys leading supplier of high quality Sushi & Asian Fusion cuisine ingredients.



Nutrition Facts

Servings per Container 100
Serving size 80.0g (80g)

Amount per serving
Calories 90

| | % Daily Value* |
|------------------------------|----------------|
| Total Fat 2g | 3% |
| Saturated Fat 0g | 0% |
| Trans Fat | |
| Cholesterol 0mg | 0% |
| Sodium 30mg | 1% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 8g | 29% |
| Total Sugars 0g | |
| Includes 0g Added Sugar | 0% |
| Protein 10g | |
| Vitamin D 0mcg | 0% |
| Calcium 120mg | 9% |
| Iron 1.8mg | 10% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Edamame in pod, cooked soy bean in pod, ready-to-eat just thaw and serve
Ming Hong International is the industrys leading supplier of high quality Sushi & Asian Fusion cuisine ingredients. We offer a wide range of products specifically for this sector. From A-Z, and everything in between, our quality products and professional staff is always at your service.

Ingredients

Soybean

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Edamame in pod, cooked soy bean in pod, ready-to-eat

Serving Suggestions

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Prep & Cooking Suggestions

Thaw & serve

📄 Product Specifications

| Brand | Manufacturer | Product Category |
|-----------|-------------------------|-----------------------------|
| Greenland | Ming Hong International | Vegetables, Canned & Frozen |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-----|-------|-------|----------------|------|------------|
| | 85888 | 41070 | 20654156858882 | | 20/1 LB |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 21lb | 20lb | China | Yes | |

| Shipping Information | | | | | | |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 16in | 11in | 8in | 0.81ft3 | 10x9 | 183days | -2°F / -5°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|----|---------------------|------|---------------|-------|
| Calories | 90 | Total Fat | 2g | Sodium | 30mg |
| Protein | 10 | Trans Fats | | Calcium | 120mg |
| Total Carbohydrates... | 9g | Saturated Fat | 0g | Iron | 1.8mg |
| Sugars | 0g | Added Sugars | 0g | Potassium | 0mg |
| Dietary Fiber | 8g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

