



# Skinny Crisps

## 4113 - Chocolate Chip Brownie Crackers Gluten Free Vegan



Skinny Crisps - a healthy, nutritious, satisfying, tasty, handmade crispy cracker- great taste with gluten free ingredients and contains approximately one net carb per cracker. in Boulder, CO. Skinny Crisps- ideal for those with celiac disease, autism, diabetes, those on a weight-loss program



### Nutrition Facts

<b>Servings per Container</b>	<b>7</b>
<b>Serving size</b>	<b>16.0g (16g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>80</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 140mg	<b>8%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 5g	
Includes 3g Added Sugar	<b>%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 10mg	<b>2%</b>
Iron 0.8mg	<b>4%</b>
Potassium 50mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Skinny Crisps are a nutritious, satisfying, handmade crispy cracker that combines great taste with gluten free ingredients and contains approximately one net carb per cracker. Skinny Crisps are baked in our dedicated gluten free facility in Boulder, CO. Our entire selection of 8 flavors are a satisfying snack to enjoy with a glass of wine or your favorite beverage. Skinny Crisps are ideal for those with celiac disease, autism, diabetes and for those on a weight-loss program, or just about anyone who enjoys a crispy cracker, which is not only tasty, but healthy and nutritious. high in fiber and have little effect on blood sugar levels. Because of the fiber content, one is satisfied with just three or four crackers and may find that their hunger and cravings will subside in a few minutes. We use the highest quality ingredients including: ground almonds, chickpea flour, sorghum flour, psyllium husks, organic evaporated cane juice, high oleic sunflower oil and sea salt, plus spices and assorted toppings. All of these combined, produce a tasty snack cracker which can be enjoyed with dips, cheese, tuna salad, and in many cases are the perfect substitute for toast or bread. Our very popular Cinnamon Crisps, Brownie Crisps and Chocolate Mint flavors provide a delicious sweeter treat. Our flavors include: Plain Jane, Toasty Onion, Toasted Sesame, Seeded (fennel, black & white sesame), Whole Shebang, like an everything bagel, Cinnamon Crisps, our delicious Chocolate Chip Brownie Crisps, and Chocolate Mint Crisps.

### Ingredients

Chickpea Flour, Almonds, Golden Flax Seeds, Sorghum Flour, Organic Evaporated Cane Sugar, Mini Chocolate Chips (cane sugar, unsweetened chocolate, cocoa butter), Sweet Ground Chocolate (sugar, cocoa processed with potassium carbonate and unsweetened chocolate), Psyllium Husks, High Oleic Sunflower Oil, Sea Salt

### ⚠ Allergens

#### Contains:

tree nuts

#### Free From:

crustaceans eggs fish milk  
 peanuts soy wheat

### Handling Suggestions

store in a cool dry place- may be frozen

### Serving Suggestions

snack cracker which can be enjoyed as a healthy treat combined with ice cream, yogurt or as a dessert

### Prep & Cooking Suggestions

none

### 📄 Product Specifications

Brand	Manufacturer
Skinny Crisps	Skinny Crisps

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
856615004113	4113	4113	10856615004110		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.92lb	4.41lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	6in	0.35ft3	12x7	165days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	80	Total Fat	3.5g	Sodium	140mg
Protein	3	Trans Fats		Calcium	10mg
Total Carbohydrates...	10g	Saturated Fat	0.5g	Iron	0.8mg
Sugars	5g	Added Sugars	3g	Potassium	50mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

