



Ardens Garden
41848 - Real Energy Nutri Boost

Real Energy. Cold Pressed Juice. Juiced in Atlanta Ga for over 25 years. Apple Juice, Strawberries, Peaches, Bananas, Elethero Senticosus Root, Inulin, Gotu Kola, Ginseng, Biotin, Niacinamide, Pantothenate Acid, Vitmains B12, B6, Choline Inositol, PABA, Vitmains B2, B1, Folic Acid



* Benefits

Real Energy- Apple Juice, Strawberries, Peaches, Bananas, Elethero Senticosus Root, Inulin, Gotu Kola, Ginseng, Biotin, Niacinamide, Pantothenate Acid, Vitmains B12, B6, Choline Inositol, PABA, Vitmains B2, B1, Folic Acid. Apple Juice - is 88% water and apples are rich in plant compounds; full of vitamins B and C, which are great for the immune system and cell metabolism. Also has soluble fiber pectin. Strawberries - rich in antioxidants and a healthy source of manganese and Vitamin C. Peaches - packed with antioxidants and fiber. Bananas - contain a fair amount of fiber and several antioxidants. Ginseng - short plant with compounds that have antioxidant and anti-inflammatory properties. Vitamin B12 plays an essential role in red blood cell formation, cell metabolism and nerve function. Vitamin B6 - important for normal brain development and for keeping the nervous and immune systems healthy. Vitamin B2 - riboflavin; plays a role in energy production, absorbing other nutrients and maintaining tissues. Vitamin B1 - thiamine; helps the body turn food into energy and is essential for glucose metabolism and plays a key role in nerve, muscle and heart function. Folic Acid - form of Vitamin B9 that helps the body make healthy new cells and is particularly important against the prevention of birth defects. Inulin - soluble plant fiber and prebiotic that aids in gut health and constipation. Gotu Kola - herb that has been used to treat wounds. Choline - essential nutrient that's available as a dietary supplement and necessary for brain and nervous system functions. Inositol - Vitamin B8 unofficially and plays a role in helping the liver process fats and contributing to the function of muscles and nerves.

Ingredients

Apple Juice, Strawberries, Peaches, Bananas, Elethero Senticosus Root, Inulin, Gotu Kola, Ginseng, Biotin, Niacinamide, Pantothenate Acid, Vitmains B12, B6, Choline Inositol, PABA, Vitmains B2, B1, Folic Acid

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 1
Serving size 15.2OZ

Amount per serving
Calories 240

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 62g	21%
Dietary Fiber 10g	40%
Total Sugars 32g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 2mg	10%
Potassium 780mg	165%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated UNIT UPC: 602804014032

Serving Suggestions

Enjoy

Prep & Cooking Suggestions

ready to drink

📄 Product Specifications

Brand			Manufacturer			
Ardens Garden			Ardens Garden			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
602804014032	41848	41848	10602804014039		6/15.2 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
6.5lb		6.4lb	United States	Yes		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
4.5in	6.75in	7in	0.12ft3	63x4	60days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	240	Total Fat	0g	Sodium	20mg
Protein	3	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	62g	Saturated Fat	0g	Iron	2mg
Sugars	32g	Added Sugars	0g	Potassium	780mg
Dietary Fiber	10g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

