



Nats

41971 - Lime & Mango Cakes Gluten Free Vega

2 x RAW CAKE VEGAN GLUTEN FREE in a pack thaw serve with UPC



Nutrition Facts

Servings per Container **2**
Serving size **1Cake (1EA)**

Amount per serving
Calories 230

% Daily Value*

Total Fat 12g	15%
Saturated Fat 7g	35%
Trans Fat	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber 8g	29%
Total Sugars 23g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 24mg	133%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

dates 18.07%, CASHEW NUTS 16.35%, ALMONDS 15.20%, coconut milk, agave syrup, non-hydrogenated coconut oil, raspberry 7.95%, lime 5.83%, lemon 1.94%

Allergens

Contains:

peanuts tree nuts

Free From:

crustaceans eggs fish milk
 soy wheat

Handling Suggestions

See label for suggestions

Serving Suggestions

dessert

Prep & Cooking Suggestions

thaw and serve

Product Specifications

Brand	Manufacturer	Product Category
Nats	Overseas Food Trading Ltd	Baked Cake & Dessert Bars

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
745114249265	6420	41971	05407005640906		12/4.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4lb	4lb	Belgium		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.3in	12in	4.8in	0.24ft3	16x16	300days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	230	Total Fat	12g	Sodium	60mg
Protein	4	Trans Fats		Calcium	80mg
Total Carbohydrates...	23g	Saturated Fat	7g	Iron	24mg
Sugars	23g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

