



Nats

# 41973 - Tiramisu Cakes Vegan

2 DUO RAW CAKE VEGAN GLUTEN FREE thaw and serve TIRAMISU FLAVOR



## Nutrition Facts

Servings per Container 2  
Serving size 1CAKE(65g)

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 23g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 80mg	<b>6%</b>
Iron 1.24mg	<b>7%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

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### Ingredients

dates, water, CASHEW NUTS, coconut milk, non-hydrogenated coconut oil, ALMONDS, buckwheat, agave syrup, cocoa powder 1.13%, coffee 0.23%, Madagascar vanilla 0.13%, salt

### Allergens

#### Contains:

peanuts tree nuts

#### Free From:

crustaceans eggs fish milk  
 soy wheat

### Handling Suggestions

See label for suggestions

### Serving Suggestions

Dessert grab and go

### Prep & Cooking Suggestions

thaw and serve

### Product Specifications

Brand	Manufacturer	Product Category
Nats	Overseas Food Trading Ltd	Baked Cake & Dessert Bars

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
745114234001	6424	41973	05407005640937		12/4.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4lb	4lb	Belgium		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.3in	11.4in	4.8in	0.23ft3	16x16	330days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	230	Total Fat	12g	Sodium	60mg
Protein	4	Trans Fats		Calcium	80mg
Total Carbohydrates...	23g	Saturated Fat	7g	Iron	1.24mg
Sugars	23g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

