

Artisola

42023 - Superfood Medley Ravioli Organic



Artisola Organic Superfood Medley Ravioli brings a savory mix of organic veggies & cheeses with roasted Portobello mushrooms, red peppers, kale, spinach, and garlic all folded in a ravioli. A Great Source of Vitamin A, 35% of your Daily Value, but also are a good source of Vitamin C and Calcium.



* Benefits

Featuring some of the season's best vegetables, the Arisola Superfood Medley Ravioli brings a strong mix of savory flavors paired with a blend of creamy, rifs.Tiree, cheeses. The savory vegetable mix paired with the sally cheeses come together through the deflicate addition of quality herbs and spices. Organic rosemany, garlin, and black people with cepther to score need the deflicate in greater and mediathem into no assistiying whole. Similar to a vegetable casserole mix, this specialty raviol features Ricotta, Mozzarella, and Parmetan cheeses. Each cheese gives every bite a creamy base that is a wonderful contrast to the robust flavors of Portobello Musthrooms, Kaic, Spinach, and Red Bell Peppers. Wrapped in a tender dough, made from Organic Durum flour and Organic Eggs, this raviol brings a whole meal of flavors in each tender bite. Whether you are making a fast meal for your busy flavor of press of the pression of th

Artisola Superfood Medley Ravioli is easily prepared in several different way, the traditional method is a four-minute cook in a pot of gently boiling water. Simply strain and eat with alone or with a lite coating of olive oil. Take your dish to the next level with the addition of Artisola Superfood Pesto sauce and youll surely please your whole family. A fun way to mix things up, and skip the boiling step, is to pan fry the Superfood Medley Ravioli in a non strik nan-rismly text in orth chief site in a ordiner boward of several in Superfood Medley Ravioli in a non strik nan-rismly text in orth chief site in a ordiner boward of several in Superfood Medley Ravioli in a non strik nan-rismly text in the chief site in a confidence with a superfood Medley Ravioli in a non strike nan-rismly superfood Medley Ravioli in a non-rismly superfood Medley

Ingredients

Filling Ingredients: Organic Ricotta Cheese (Organic Milk [Whole and Skim], Organic Vinegar, Salt), Organic

Moisture Part Skim Mozzarella Cheese (Pasteurized Part Skim Organic Milk, Cheese Cultures, Salt,

Enzymes), Organic Roasted Portobello Mushrooms, Organic Red Pepper, Organic Kale, Organic Parmesan Cheese (Pasteurized

Organic Milk, Cheese Cultures, Sea Salt, Enzymes), Organic Spinach, Organic Panko Bread Crumbs (Organic Wheat Flour,

Organic Cane Sugar, Sea Salt, Yeast), Organic Garlic, Sea Salt, Organic Canola Oil, Organic Spices. Dough Ingredients: Organic Durum Flour, Organic Egg, Water

Allergens

Contains:





((1)) tree nuts







Nutrition Facts

Servings per Container 8.00Z (8oz) Serving size

Amount per serving

Calories	490
% Da	aily Value*
Total Fat 18g	23%
Saturated Fat 9g	45%
<i>Trans</i> Fat	
Cholesterol 105mg	35%
Sodium 1190mg	52%
Total Carbohydrate 61g	22%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 25g	
Vitamin D 0 6mcg	3%
Vitamin D 0.6mcg	
Calcium 380mg	29%
Iron 2.2mg	12%
Potassium 430mg	9%

* The % Daily Value (DV) tells you how much a nutrient in

a day is used for general nutrition advice.

a serving of food contributes to a daily diet. 2,000 calories

Handling Suggestions

Keep refrigerated

Serving Suggestions

Serve with favorite sauce, butter, or olive oil

Prep & Cooking Suggestions

Bring pot of water to a gentle boil, place ravioli into pot, cook for 3 - 4 minutes or until 165 degrees.. Drain and serve

Product Specifications

Brand	Manufacturer	Product Category
Artisola	Valley Fine Foods	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
073872746284	42023	42023	10073872746281		6/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.03lb	3lb	United States	No	

	Shipping Information						
Len	gth	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.7	'5in	7.69in	4.38in	0.23ft3	20x8	35days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	490	Total Fat	18g	Sodium	1190mg
Protein	25	Trans Fats		Calcium	380mg
Total Carbohydrates···	61g	Saturated Fat	9g	Iron	2.2mg
Sugars	3g	Added Sugars	0g	Potassium	430mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	105mg		
Vitamin A(IU)•		Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images						

