



South Mtn Creamery

# 42123 - Whole Homogenized Milk

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows. Wholesome, nutritious food created with integrity, transparency and honesty.



## Nutrition Facts

Servings per Container 2  
Serving size 8FLOZ (240MLT)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans Fat</i>	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 11g	
Includes 0g Added Sugar	<b>%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	<b>0%</b>
Calcium 290mg	<b>20%</b>
Iron 0.1mg	<b>0%</b>
Potassium 370mg	<b>8%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

South Mountain Creamery Milk is minimally processed by the same family and team that milks the cows, and bottled within 12 hours of milking. Wholesome, nutritious food created with integrity, transparency and honesty. We pride ourselves on being farmer operated and family owned, practicing responsible farming practices and ethical treatment of the animals. Non-GMO, grass-fed, and farmer-owned. Fresh. Simple. Wholesome. You can truly taste the difference.

### Ingredients

Grade A milk

### Allergens

**Contains:**



**Free From:**



### Handling Suggestions

Keep refrigerated.

### Serving Suggestions

Keep refrigerated. Serve and enjoy!

### Prep & Cooking Suggestions

No preparation necessary, serve and enjoy!

### Product Specifications

Brand	Manufacturer
South Mtn Creamery	South Mountain Creamery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
812813024681	1526	42123			12/12 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.5lb	11lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	10in	6in	0.28ft3	26x6	15days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	160	Total Fat	9g	Sodium	120mg
Protein	8	Trans Fats		Calcium	290mg
Total Carbohydrates...	11g	Saturated Fat	6g	Iron	0.1mg
Sugars	11g	Added Sugars	0g	Potassium	370mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

