



Appel Farms
4214 - Plain Feta

Appel Farms Plain Feta is one of very few farmstead fetas on the market. Appel Farms Feta has a salty and tangy taste enhanced by the brine solution. Feta can be crumbled on pasta or a salad, or used in baked veggie or pasta dishes.



Nutrition Facts

Servings per Container	7
Serving size	30gs (1oz)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 500mg	22%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 85mg	6%
Iron 0mg	0%
Potassium 29mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Appel Farms is a legacy Farmstead producer of cheese, located in the Northwest corner of Washington. For over 30 years, Appel Farms has been dedicated to producing the highest quality of milk to make the finest of cheese. Appel Farms Plain Feta is one of very few farmstead fetas on the market. Appel Farms Feta has a salty and tangy taste enhanced by the brine solution. Feta can be crumbled on pasta or a salad or used in baked veggie or pasta dishes.

Ingredients

Pasteurized Cow's Milk,
Microbial Rennet, Cheese
Cultures, Salt

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Refrigerated UNIT UPC:
040817010144

Serving Suggestions

Perfect for crumbling on salad,
pasta, or used in a baked veggie or
baked pasta dish.

Prep & Cooking Suggestions

Open the package and enjoy.

📄 Product Specifications

Brand			Manufacturer			
Appel Farms			Appel Farms			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
040817010144	Feta:PFEW	4214	20040817010148		12/7 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
5.5lb	5.25lb	United States	No			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	7in	3.75in	0.15ft3	25x12	117days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	6g	Sodium	500mg
Protein	4	Trans Fats	0g	Calcium	85mg
Total Carbohydrates...	2g	Saturated Fat	4g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	29mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

