



Dirt Road

43091 - King Ranch Chicken Casserole

From Dirt Road Gourmet, please enjoy our King Ranch Chicken Casserole. A ready to cook blend of chicken and cream sauce with mild Mexican seasonings layered between flour tortillas and sharp cheddar cheese.



Nutrition Facts

Servings per Container 6
Serving size 1cup (1GS21)

Amount per serving
Calories 240

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 780mg	34%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 181mg	15%
Iron 0mg	0%
Potassium 62mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

From Dirt Road Gourmet, please enjoy our King Ranch Chicken Casserole. A ready to cook blend of chicken and cream sauce with mild Mexican seasonings layered between flour tortillas and sharp cheddar cheese. An entre as ready to go as you are with less than an hour of cook time and a taste that can't be beat. Best enjoyed with rice and your choice of vegetables for a complete meal.

Ingredients

Chicken (Shim Meat, Tomatoes, ...)
Dirt Road Gourmet LLC, 1771 Red Hill Road, Lubbock, TX 79424

Allergens

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts
sesame tree nuts

Handling Suggestions

Ideal if kept frozen until ready to cook. Otherwise keep refrigerated once the item is defrosted for up to a week. UNIT UPC: 860006300128

Serving Suggestions

Suggested serving size is 1 Cup.

Prep & Cooking Suggestions

Bake in a 350 degree oven for 45-50 minutes.

Product Specifications

Brand	Manufacturer
Dirt Road	Eclectic Foods LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
860006300128	718122430918	43091	10860006300125		6/2 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	10lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	10.75in	9in	0.9ft3	8x5	330days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	240	Total Fat	13g	Sodium	780mg
Protein	20	Trans Fats	0g	Calcium	181mg
Total Carbohydrates...	12g	Saturated Fat	6g	Iron	0mg
Sugars	2g	Added Sugars	0g	Potassium	62mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

