



Amifruit

4349 - Coconut Unsweetened Shredded

Finely grated coconut. very fine and dry flavor with less heavy and chewy texture than domestic shredded coconut. Pure coconut flavor that's lightweight, for delicate recipes such as angel food cake or macarons.



Nutrition Facts

14 Servings Per Container

Serving size **100g**

Amount per serving
Calories 660

% Daily Value*

Total Fat 64 g **82%**

Saturated Fat 57 g **285%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 37 mg **2%**

Total Carbohydrate 23 g **8%**

Dietary Fiber 16 g **57%**

Total Sugars 7 g

Includes 0 g Added Sugar **0%**

Protein 60 g

Vitamin D 30 mcg **50%**

Calcium 0 mg **0%**

Iron 3 mg **17%**

Potassium 0 mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Very fine, dry, short coconut shreds. Dry to touch but loaded with flavorful oils. No sugar or cornstarch added. More flavorful and less heavy and chewy than domestic shredded coconut. Very light, so it will not weigh down a delicate batter or meringue. Dry and lightweight. 65- 71% fat. Perfect for Coconut cakes, macarons, ice cream, pastry cream, etc.

Ingredients

coconut

Allergens

Contains:

tree nuts

Free From:

crustaceans eggs fish milk

peanuts sesame soy wheat

Handling Suggestions

Dry and cool (68-72F, 20-22C)---

Serving Suggestions

Coconut cakes, macarons, ice cream, pastry cream, etc.

Prep & Cooking Suggestions

Ready to use.

Product Specifications

Brand	Manufacturer
Amifruit	Paris Gourmet

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	AMI851	4349	00837775003550		5/3 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.5 lb	15 lb	Sri Lanka	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.5 in	15.5 in	9 in	0.93 ft3	10x6	238 days	60 °F / 77 °F



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Nutrition Analysis - By Measure

Calories	660	Total Fat	64 g	Sodium	37 mg
Protein	60	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	23 g	Saturated Fat	57 g	Iron	3 mg
Sugars	7 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	16 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	30 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

