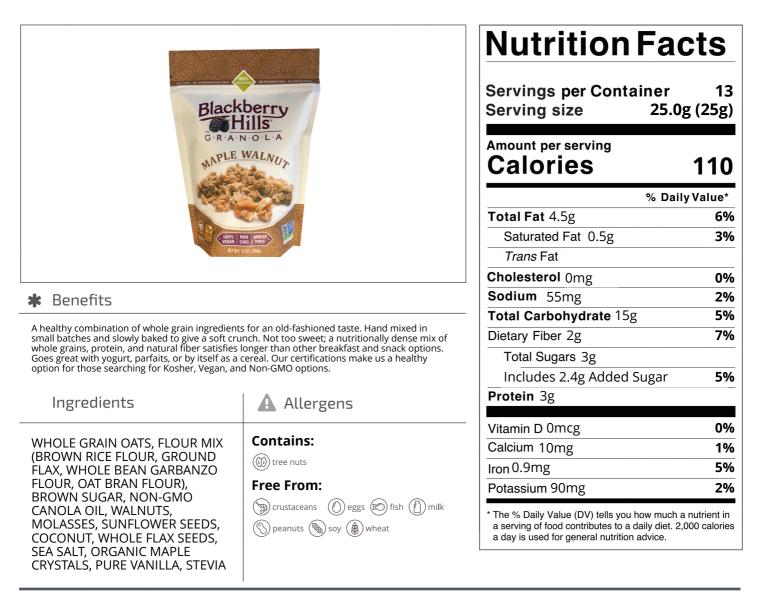# 440020 – **Maple Walnut Granola**

A healthy combination of whole grain ingredients for an old-fashioned taste. Hand mixed in small batches and slowly baked to give a soft crunch. Not too sweet; a nutritionally dense mix of whole grains, protein, and natural fiber satisfies longer than other breakfast and snack options.

✳ Benefits

A healthy combination of whole grain ingredients for an old-fashioned taste. Hand mixed in small batches and slowly baked to give a soft crunch. Not too sweet; a nutritionally dense mix of whole grains, protein, and natural fiber satisfies longer than other breakfast and snack options. Goes great with yogurt, parfaits, or by itself as a cereal. Our certifications make us a healthy option for those searching for Kosher, Vegan, and Non-GMO options.

Ingredients

WHOLE GRAIN OATS, FLOUR MIX (BROWN RICE FLOUR, GROUND FLAX, WHOLE BEAN GARBANZO FLOUR, OAT BRAN FLOUR), BROWN SUGAR, NON-GMO CANOLA OIL, WALNUTS, MOLASSES, SUNFLOWER SEEDS, COCONUT, WHOLE FLAX SEEDS, SEA SALT, ORGANIC MAPLE CRYSTALS, PURE VANILLA, STEVIA

⚠ Allergens

Contains:

🥜 tree nuts

Free From:

🦐 crustaceans   🥚 eggs   🐟 fish   🍼 milk

🥜 peanuts   🫛 soy   🌾 wheat

Nutrition Facts

Servings per Container	13
Serving size	25.0g (25g)

Amount per serving

Calories **110**

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2.4g Added Sugar	5%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 0.9mg	5%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in a cool, dry place. Do not store in direct sunlight. Does not require refrigeration but may be kept in fridge or freezer if desired.

Serving Suggestions

Great as a cereal, topping for parfait, over yogurt or fruit, or as a general snack.

Prep & Cooking Suggestions

None

🖊 Product Specifications

Brand	Manufacturer	Product Category
Blackberry Hills	Blackberry Hills Bakery LLC	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
892044002023	892044002023	440020	30892044002161		12/12 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.75lb	9lb	United States	Yes	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12in	14in	9in	0.88ft3	12x5	330days	60°F / 77°F

Blackberry Hills
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Nutrition Analysis - By Measure

Calories	110	Total Fat	4.5g	Sodium	55mg
Protein	3	Trans Fats		Calcium	10mg
Total Carbohydrates···	15g	Saturated Fat	0.5g	Iron	0.9mg
Sugars	3g	Added Sugars	2.4g	Potassium	90mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)·		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2·	
Monosodium		Sulphites		Nitrates	

Additional Images