



## Blackberry Hills

# 440022 - Granola Sugar Free

A healthy combination of whole grain ingredients for an old-fashioned taste. Hand mixed in small batches and slowly baked to give a soft crunch. Not too sweet; a nutritionally dense mix of whole grains, protein, and natural fiber satisfies longer than other breakfast and snack options.



## Nutrition Facts

Servings per Container 13  
Serving size 25.0g (25g)

Amount per serving  
**Calories 110**

% Daily Value\*

Total Fat	5g	6%
Saturated Fat	0.5g	3%
Trans Fat		
Cholesterol	0mg	0%
Sodium	35mg	2%
Total Carbohydrate	14g	5%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 1g Added Sugar		2%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	10mg	1%
Iron	1mg	6%
Potassium	100mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

A healthy combination of whole grain ingredients for an old-fashioned taste. Hand mixed in small batches and slowly baked to give a soft crunch. Not too sweet; a nutritionally dense mix of whole grains, protein, and natural fiber satisfies longer than other breakfast and snack options. Goes great with yogurt, parfaits, or by itself as a cereal. Our certifications make us a healthy option for those searching for Kosher, Vegan, and Non-GMO options.

### Ingredients

Whole grain oats, flour Mix (brown rice flour, ground flax, whole bean garbanzo flour, oat bran flour), Non-GMO canola oil, molasses, sunflower seeds, coconut, whole flax seeds, sea salt, pure vanilla, stevia, and herbal extracts of (but not limited to) fenugreek, sheep sorrel, milk thistle, red clover.

### ⚠ Allergens

#### Free From:



### Handling Suggestions

Store in a cool, dry place out of direct sunlight. Can also be kept in the fridge or freeze but not required.

### Serving Suggestions

Great as cereal by itself or can be used over yogurt, fruit, and parfaits

### Prep & Cooking Suggestions

None

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Blackberry Hills	Blackberry Hills Bakery LLC	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
892044002153	8920440021	440022	20892044002157		12/12 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.75lb	9lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	14in	9in	0.88ft3	12x5	330days	60°F / 77°F



**Blackberry Hills**

# 440022 - Granola Sugar Free

A healthy combination of whole grain ingredients for an old-fashioned taste. Hand mixed in small batches and slowly baked to give a soft crunch. Not too sweet; a nutritionally dense mix of whole grains, protein, and natural fiber satisfies longer than other breakfast and snack options.



## Nutrition Analysis - By Measure

Calories	110	Total Fat	5g	Sodium	35mg
Protein	4	Trans Fats		Calcium	10mg
Total Carbohydrates...	14g	Saturated Fat	0.5g	Iron	1mg
Sugars	1g	Added Sugars	1g	Potassium	100mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

