



# Georgia Sourdough

## 44005 - Rosemary Olive Oil Sourdough Cracke

Rosemary Olive Oil Cracker are vegan, probiotic and made with organic ingredients. They are delicious with a good crisp and a clean rosemary flavor. Pairs wonderfully with soft cheeses, Yummy caramelized onion jam and salami.



# Nutrition Facts

Servings per Container 4  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 3.5g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 130mg	<b>150%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Think sourdough is just for bread? Think again! We have taken all the goodness and health of sourdough bread baking and baked it into a cracker instead. These delicious little crispy snacks boast a delicious and unique flavor unlike any other cracker you have tried before. We allow our dough to ferment before it is hand rolled, cut and baked. That means the dough has time to ferment, break down gluten and be infused with probiotics. The end result is easier on our tummies and supporting our digestion! AND the best part...they taste amazing!

Georgia Sourdough Co. was started by Tracy Gribben as a hobby and passion gone wild. Tracy has always had strong beliefs about quality of ingredients and honesty in creation. Food is the very foundation of our existence. Why not make products the best we can to fuel our bodies? Why do big brands need to add food waste or stale ingredients to feed the consumer? Her beliefs went from frustration to action, a beloved hobby of creating delicious snack crackers for friends and family became a business venture. She believed in the power of these little crackers. Delicious, honest AND healthy! Would other people see the value and love the taste? Turns out they do! And Georgia Sourdough Crackers are now in over 600 stores nationwide.

Georgia Sourdough Co. uses all organic ingredients to make these delightful and unique crackers. They have natural shelf life due to an enzyme produced in fermentation that is a natural mold inhibitor and preservative. The fermentation process using sourdough starter also breaks down gluten and carbohydrates chains while producing beneficial probiotics that science has recently learned survives the baking process. There are no added preservatives or chemicals. Our bags are sealed with Food Grade Nitrogen for added shelf life. The Rosemary Olive Oil Crackers add a savory upgrade to hummus and baba ghanoush. Give them a light crushing up and add them to salads. They are glorious with a soft goat cheese and caramelized onion jam. They also go terrifically by themselves with a nice glass of Pinot Noir or Chianti!

Shelf Life: 5 months  
 Ingredients: Sourdough Starter, Organic Flour, Pure Olive Oil, Rosemary & Pink Himalayan Salt  
 Allergies: Vegan, Organic, Fermented & Probiotic

### Ingredients

Organic Flour, Organic Sourdough Starter, Extra Virgin Olive Oil, Rosemary, Salt

### ⚠ Allergens

#### Contains:

milk wheat

#### Free From:

crustaceans eggs fish peanuts  
 sesame soy tree nuts

### Handling Suggestions

Shelf stable. There is a zipper enclosure at the top to help keep fresh. They last quite a while once opened and kept properly sealed. UNIT UPC: 850012544005

### Serving Suggestions

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### Prep & Cooking Suggestions

Just open and eat! Pair it with what you love.

### ✍ Product Specifications

Brand	Manufacturer
Georgia Sourdough	Georgia Sourdough Co.

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850012544005	#04	44005	00850012544005		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4lb	3lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	10in	0.58ft3	8x6	180days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	120	Total Fat	3.5g	Sodium	130mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	18g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

