



Van Lang

# 442000 - Chicken Potstickers

Traditional hand-pleated dumplings filled with chicken thigh meat, water chestnut, onions, carrots.  
Quantity: 1 oz. pieces 200 per case (4 trays of 50) Preparation Method: Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer.



## \* Benefits

Traditional hand-pleated dumplings filled with chicken thigh meat, water chestnut, onions, carrots. Quantity: 1 oz. pieces 200 per case (4 trays of 50) Preparation Method: Steam from frozen at 212F for 10-12 minutes until filling temperature reaches 165F. It may be helpful to oil the pan to prevent sticking. Internal temperature must reach 165F as measured by a thermometer.

## Ingredients

INGREDIENTS: FILLING: Chicken, Water Chestnut (water chestnut, water, citric acid), Onions, Carrots, Sugar, Garlic Oil (garlic, soybean oil), Oyster Flavor Sauce (water, sugar, oyster extractives (oyster, water, salt), monosodium glutamate, modified corn starch, wheat flour, caramel color. Contains wheat), Garlic, Ginger, Salt, Sesame Oil (sesame seed oil), Soy Sauce (water, wheat, soybeans, salt, sodium benzoate: less than 1/10 of 1% as a preservative), Black Pepper. WRAPPER: Dumpling Wrapper (enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, soybean oil, less than 0.5% of sorbitol, dough conditioner (distilled monoglycerides), citric acid, potassium sorbate added to retard spoilage. Dusted with cornstarch. Contains: wheat), SEALANT: Liquid Egg. COOKING INSTRUCTIONS: Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer. CONTAINS: EGG, WHEAT, SOY, SHELLFISH (OYSTER), SESAME SEEDS.

## ⚠ Allergens

### Contains:

eggs milk soy wheat

### Free From:

crustaceans fish peanuts

tree nuts

# Nutrition Facts

Servings per Container **50**  
Serving size **4.0PC (4H87)**

Amount per serving  
**Calories 180**

% Daily Value\*

Total Fat	7g	9%
Saturated Fat	1.5g	8%
Trans Fat		
Cholesterol	30mg	10%
Sodium	350mg	15%
Total Carbohydrate	23g	8%
Dietary Fiber	1g	4%
Total Sugars	3g	
Includes	1g Added Sugar	2%

Protein	9g	
Vitamin D	0mcg	0%
Calcium	26mg	2%
Iron	0.72mg	4%
Potassium	188mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Handling Suggestions

Keep in -20F to 10F freezer until ready to cook.

## Serving Suggestions

Preparation Method: Steam from frozen at 212F for 10-12 minutes until filling temperature reaches 165F. It may be helpful to oil the pan to prevent sticking. Internal temperature must reach 165F as measured by a thermometer.

## Prep & Cooking Suggestions

Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer.

## 📄 Product Specifications

Brand	Manufacturer	Product Category
Van Lang	Van Lang Foods	Chips, Snacks, & Candy

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	442000	442000	00813945020961		200/0.8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.3lb	10lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.5in	6.5in	0.59ft3	13x10	143days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	180	Total Fat	7g	Sodium	350mg
Protein	9	Trans Fats		Calcium	26mg
Total Carbohydrates...	23g	Saturated Fat	1.5g	Iron	0.72mg
Sugars	3g	Added Sugars	1g	Potassium	188mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

