

Van Lang 442000 - Chicken Potstickers

Traditional hand-pleated dumplings filled with chicken thigh meat, water chestnut, onions, carrots. Quantity: 1 oz. pieces 200 per case (4 trays of 50) Preparation Method: Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer.



-	Nutrition Facts				
		Servings per Container 50 Serving size 4.0PC (4H87)			
		Amount per serving Calories	180		
	% Daily Value*				
		Total Fat 7g	9%		
		Saturated Fat 1.5g	8%		
		Trans Fat			
		Cholesterol 30mg	10%		
★ Benefits		Sodium 350mg	15%		
		Total Carbohydrate 23g	8%		
Traditional hand-pleated dumplings filled v onions, carrots. Quantity: 1 oz. pieces 200	Dietary Fiber 1g	4%			
Method: Steam from frozen at 212F for 10-12 minutes until filling temperature reaches 165F. It may be helpful to oil the pan to prevent sticking. Internal temperature must reach 165F as measured by a thermometer.		Total Sugars 3g			
		Includes 1g Added Sugar	2%		
Ingredients	Allergens	Protein 9g			
		Vitamin D 0mcg	0%		
INGREDIENTS: FILLING: Chicken, Water Chestnut (water chestnut, water, citric acid), Onions, Carrots, Sugar, Garlic Oil (garlic,	Contains:	Calcium 26mg	2%		
soybean oil), Oyster Flavor Sauce (water, sugar, oyster extractives (oyster, water, salt), monosodium glutamate, modified corn starch, wheat flour, caramel color. Contains wheat), Garlic,	🕜 eggs 👔 milk 👒 soy 🋞 wheat	Iron 0.72mg	4%		
Ginger, Salt, Sesame Oil (sesame seed oil), Soy Sauce (water, wheat, soybeans, salt, sodium benzoate: less than 1/10 of 1% as a preservative), Black Pepper, WRAPPER: Dumpling Wrapper	Free From:	Potassium 188mg	4%		
(enriched wheat flour (wheat flour, niacin, reduced iron, fhiamin mononitrate, riboflavin, folic acid) water, soybean oil, less than 0.5% of sorbitol, dough conditioner (distilled monoglycerides), citric acid, potassium sorbate added to retard spoilage. Dusted with constarch. Contains: wheat). SEALANT: Liquid Egg. COOKING INSTRUCTIONS: Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer. CONTAINS: EGG, WHEAT, SOY, SHELLFISH (OYSTER), SESAME SEEDS.	() crustaceans () fish () peanuts	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.	n a nutrient in		

Handling Suggestions

Keep in -20F to 10F freezer until ready to cook.

Serving Suggestions

Preparation Method: Steam from frozen at 212F for 10-12 minutes until filling temperature reaches 165F. It may be helpful to oil the pan to prevent sticking. Internal temperature must reach 165F as measured by a thermometer.

Prep & Cooking Suggestions

Steam from frozen at 212F for 10-12 minutes. Internal temperature must reach 165F as measured by a thermometer.

Product Specifications

Brand			Manufacturer			Product Category		
Van Lang			Van Lang Foods			Chips, Snacks, & Candy		
UPC	MFG	# S	PC #	GTIN		Pack	Pack Desc.	
	44200	0 44	2000	0081394	502096	1		200/0.8 OZ
Gross Weight Net		Net Wei	ight C	Country of Origin K		K	osher Child Nutritio	
10.3	ßlb	10lb		United St	ates	es No		
Shipping Information								
Length	Width	Height	Volume	e TixHi	Shelf L	ife	Storag	e Temp From/To
16.5in	9.5in	6.5in	0.59ft3	3 13x10	143da	ys	-2°F / -5°F	





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Nutrition Analysis - By Measure

Calories	180	Total Fat	7g	Sodium	350mg
Protein	9	Trans Fats		Calcium	26mg
Total Carbohydrates…	23g	Saturated Fat	1.5g	Iron	0.72mg
Sugars	3g	Added Sugars	1g	Potassium	188mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

