



Vermont Creamery  
44404 - Quark

A mild and creamy European-style fresh cheese that's great in sweet and savory applications.



\* Benefits

German for fresh curd, quark is a fresh and slightly drained cows milk cheese that is similar to old-fashioned cream cheese. Top with granola for breakfast or mix with anything from mashed potatoes to boysenberries, and it earns its keep with flair.

Ingredients

Pasteurized Cultured Milk, Salt, Enzymes. CONTAINS: Milk

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 8  
Serving size 1.00Z (1oz)

Amount per serving  
Calories 40

	% Daily Value*
Total Fat 3 g	0%
Saturated Fat 2 g	0%
Trans Fat	
Cholesterol 10 mg	0%
Sodium 15 mg	0%
Total Carbohydrate 1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 0 g Added Sugar	%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 26 mg	0%
Iron 0 mg	0%
Potassium 35 mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

Mix it into omelets, dips or souffles. Do a quick dip with raw veggies or crackers. Make a better batter incorporate into pancakes, waffles or banana bread.

Prep & Cooking Suggestions

See label for suggestions

✎ Product Specifications

Brand	Manufacturer
Vermont Creamery	Land O Lakes Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
11826600022	60002-06	44404	10011826600029		6/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4 lb	3 lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.8 in	8.06 in	3.13 in	0.17 ft3	18x14	45 days	35 °F / 37 °F





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Nutrition Analysis - By Measure

Calories	40	Total Fat	3 g	Sodium	15 mg
Protein	2	Trans Fats		Calcium	26 mg
Total Carbohydrates...	1 g	Saturated Fat	2 g	Iron	0 mg
Sugars	1 g	Added Sugars	0 g	Potassium	35 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	



Additional Images

