



Soom Foods

445 - Tahini Paste

Tahini is a smooth, rich paste ground from sesame seeds. It is used in Greek and Middle Eastern cooking to enrich the flavor and texture of savory and sweet dishes. It's a great base for appetizer spreads, such as hummus.



Nutrition Facts

Servings per Container 16
Serving size 28.0g (28g)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	3%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3mg	10%
Potassium 120mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Premium Tahini

Ingredients

Sesame

Allergens

Contains:

sesame

Free From:

crustaceans eggs fish milk
 peanuts soy tree nuts wheat

Handling Suggestions

Dry UNIT UPC: 718088347411

Serving Suggestions

As suggested per recipe

Prep & Cooking Suggestions

As per recipe for hummus, condiments etc

Product Specifications

Brand	Manufacturer
Soom Foods	Dot Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
718088347411	A0073	445	00810084230015		12/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.2lb	12lb	Israel	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	10in	0.58ft3	10x10	300days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	190	Total Fat	17g	Sodium	0mg
Protein	6	Trans Fats	0g	Calcium	60mg
Total Carbohydrates...	3g	Saturated Fat	3g	Iron	3mg
Sugars	0g	Added Sugars	0g	Potassium	120mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

