



Mitica

# 45002 - Plain Capricho De Cabra Log

Capricho de Cabra is a bright and sweet goat cheese made with milk from Murciana goats, which produce milk high in fat and protein and give the cheese its incredible creaminess. Unlike many types of fresh chevre, the mouthfeel is creamy and smooth (not chalky and dry).



## Nutrition Facts

Servings per Container 0  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 5g	26%
Trans Fat 0g	
<b>Cholesterol</b> 26mg	<b>8%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0.5g	
Includes 0g Added Sugar	0%
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 0mg	0%
Potassium 32mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Capricho de Cabra is a bright and sweet goat cheese made with milk from Murciana goats, which produce milk high in fat and protein and give the cheese its incredible creaminess. Unlike many types of fresh chevre, the mouthfeel is creamy and smooth (not chalky and dry). Central Quesera Montesinos began as a smaller dairy in Jumilla and is now Spains top producer. Together with Forever Cheese, they have worked to make their goat milk cheeses the countrys best. The milk from the regions native Murciana goat is known for being richer and sweeter, producing a smoother goats milk cheese with little to no gaminess. The versatile Capricho, a fresh chvre style, is a perfect example of the superior texture and flavor of their cheeses.

### Ingredients

Past. Goats Milk, Salt, Calcium Chloride, Rennet, Cheese Cultures.

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Keep refrigerated. Once cut, be sure to wrap unused portion tightly in plastic to prevent the cheese from drying out or molding.

### Serving Suggestions

Elevates salads, soups, and roasted vegetables. For dessert, drizzle with honey and serve with fresh fruit.

### Prep & Cooking Suggestions

Keep refrigerated. Once cut, be sure to wrap unused portion tightly in plastic to prevent the cheese from drying out or molding.

### Product Specifications

Brand	Manufacturer
Mitica	Forever Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	ES130	45002	18413556000971		3/1 KG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7lb	6.61lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13in	9in	3in	0.2ft3	10x12	117days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	110	Total Fat	8g	Sodium	120mg
Protein	5	Trans Fats	0g	Calcium	24mg
Total Carbohydrates...	1g	Saturated Fat	5g	Iron	0mg
Sugars	0.5g	Added Sugars	0g	Potassium	32mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	26mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

