

Gourmet Kitchen 461150 - Chorizo Empanada

Mexican style chorizo mixed with black beans, onions, and pepper jack cheese packed into our empanada dough. Keep frozen. Deep fry at 350 for 3-4 minutes.



		Nutrition Fa	cts		
We Prepare For Profes	Servings per Container 33 Serving size 89grams (3EA)				
To II free Pieze Far. 7 East: To Sec. Charle www.gool 1220 C Head	Online Contractore	Amount per serving Calories	280		
Safe Handling Instructions Safe Handling in the structure of the	© murmehickense	% Da	aily Value*		
	KALEP FROZEN WITH HANNER WITH STATE AND	Total Fat 12g	15%		
	11130 🥸 — 1	Saturated Fat 5g	25%		
		Trans Fat 0g			
		Cholesterol 25mg	8%		
* Benefits		Sodium 450mg	20%		
•		Total Carbohydrate 31g	11%		
Mexican-style chorizo mixed with jack cheese packed into our empa		Dietary Fiber 1g	4%		
Jack cheese packed into our empa		Total Sugars 2g			
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 10g			
0		Vitamin D 0mcg	0%		
EMPANADA DOUGH INGREDIENTS: FLOUR (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, enzymes, folic acid), WATER, DOUGH CONDITIONER (whey [milk], corn flour, monocalcium	Contains:	Calcium 117mg	10%		
phosphate, I-cysteine hydrochloride, potasium bromate), BUTTER (cream, salt), SHORTENING (palm oil), SUGAR, SALT, BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch,	milk 🛞 wheat	Iron 2mg	10%		
monocalcium phosphate). FILLING INGREDIENTS: CHORIZO SAUSAGE (raw pork, seasoning [paprika, salt, garlic powder, spice, de arbol chilli pepper, canola oil, cilantro], contains less than 2% of vinegar), BLACK	Free From:	Potassium 162mg	4%		
BEAMS (water, sait, calcium chloride, and ferrous gluconate), CORN (kernel corn water, sugar, sait), PEPPER (ACK CHEESE (Dasteurized milk, jalapeno peppers, cheese culture, sait, enzymes, potato starch, powdered cellulose added to prevent caking), ONIONS, SALSA (crushed tomatoes (water, crushed tomato concentrate), jalapeno pepers, diced umatoes in tomato juice, onions, dehydrated onions, salt, distilled vinegar, water, garlic, natural flavoring), CLIANTRO, JALAPENO PEPPERS (jalapeo peppers, water, vinegar and salt), GARLIC, TABASCO SAUCE (distilled vinegar, Jalapeno pepper, water, salt, Corn starch xanthan gum, ascorbic adit to preserve freshness), CANLOL OIL, CHILI DARK POWDER.	Image: second condition Image: second conditing Image: second conditing <td colspan="3">* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</td>	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions	🖉 Pro	duct S	specific	ations	S				
See label for suggestions	Brand					Manufacturer			
	Gourmet Kitchen				Gourmet Kitchen Inc				
Serving Suggestions	UPC	MFG	# SF	PC #	G	TIN	Pack	e Pack Desc.	
See label for suggestions		11150) 46	1150	0069150	03000958		100/1 OZ	
	Gross V	Veight	Net Wei	ght C	Country of	Origin	Kosher	Child Nutrition	
Prep & Cooking Suggestions	7.25	ilb	6.251	0	United St	tates			
See label for suggestions	Shipping Information								
	Length	Width	Height	Volum	ne TIxHI	Shelf Life	e Stora	ge Temp From/To	
	13.25in	14in	5in	0.54ft	3 9x12	475days		-5°F / -2°F	





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Nutrition Analysis - By Measure

Calories	280	Total Fat	12g	Sodium	450mg
Protein	10	Trans Fats	Og	Calcium	117mg
Total Carbohydrates…	31g	Saturated Fat	5g	Iron	2mg
Sugars	2g	Added Sugars	Og	Potassium	162mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



