



Charles Arnaud

46509 - Aged 12 Months Comte Quarter Wheel

A truly iconic cheese, Comte is a French mountain cheese with a history of over 1000 years of devoted production. This Comte (pronounced "Con-tay") is aged for more than 1 year, resulting in a masterpiece with a full spectrum of delicious flavors.



Nutrition Facts

Servings per Container 192  
Serving size 1oz

Amount per serving  
**Calories 120**

% Daily Value*	
<b>Total Fat</b> 10g	<b>12%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 278mg	<b>21%</b>
Iron 0mg	<b>0%</b>
Potassium 34mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

The texture is hard and studded with crystals. Shaved into thin slices it simply melts in the mouth, where splintered in chunks it has a wonderful chewiness. This cheese is a crowd-pleaser all the way. Serve with fruity red wines or dessert beverages or even chocolate for the perfect end to a meal.

Ingredients

Milk, Cheese cultures, salt, enzyme

⚠ Allergens

Contains:

milk

Free From:

crustaceans eggs fish peanuts  
 soy tree nuts wheat

Handling Suggestions

Refrigerate

Serving Suggestions

Served on a cheese platter or inside a gourmet sandwich (beef panini?), Comt will amaze you by its delicateness. For more ordinary meals, you can also cook Comt with pasta and pesto or simply add some comt shaves on top of mashed potatoes.

Prep & Cooking Suggestions

Put the cheese out of the fridge or its packaging at least one hour before the tasting session. Cut in dices, slices or stick, depending on the food you serve with it.

Product Specifications

Brand	Manufacturer	Product Category
Charles Arnaud	Fromageries Arnaud	Cheese Specialty

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	469 08	46509	93542864690084		2/12 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.07lb	22.04lb	France	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.75in	15.75in	4.92in	0.71ft3	6x9	100days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	10g	Sodium	100mg
Protein	7	Trans Fats		Calcium	278mg
Total Carbohydrates...	0g	Saturated Fat	6g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	34mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

