



Roland

# 472500 - Basmati Rice

Basmati rice is a long-grained and extremely aromatic rice hailing from the foothills of the Himalayans in India. Serve Roland Basmati White Rice as a nutty and aromatic base for your next Indian meal.



## Nutrition Facts

Servings per Container 100  
Serving size 50.0g (50g)

Amount per serving  
**Calories 180**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 40g	<b>15%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.2mg	1%
Potassium 37mg	1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Basmati rice is a long-grained and extremely aromatic rice hailing from the foothills of the Himalayans in India. Although very commonplace in Indian cuisine, basmati rice is also used in Mexican and Iranian dishes as well as many Western dishes. Serve Roland Basmati White Rice as a nutty and aromatic base for your next Indian meal. Serving Suggestions :makes the perfect base for popular Indian dishes such as Chicken Tikka Masala.

### Ingredients

BASMATI RICE.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Store in a cool dry place.

### Serving Suggestions

Basmati makes the perfect base for popular Indian dishes such as Chicken Tikka Masala, side dishes, rice bowls, and cold salads.

### Prep & Cooking Suggestions

Bring 1/2 cup of water to a boil with 2tsp. of butter (or oil) and 1/4 tsp. salt. Add 1 cup of rinsed Roland Basmati White Rice and stir. Cover and allow to bil again. Reduce heat, cover, and let simmer for 15-20 minutes. Remove from heat and fluff with fork.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Roland	American Roland Food Corp	Cereal

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
041224725003	72500	472500	10041224725000		1/11 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.5lb	11lb	India	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.5in	1.75in	15in	0.16ft3	7x6	180days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	180	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats		Calcium	0mg
Total Carbohydrates...	40g	Saturated Fat	0g	Iron	0.2mg
Sugars	0g	Added Sugars	0g	Potassium	37mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

