

### Roland

### 472500 - **Basmati Rice**



Basmati rice is a long-grained and extremely aromatic rice hailing from the foothills of the Himalayans in India. Serve Roland Basmati White Rice as a nutty and aromatic base for your next Indian meal.



### \* Benefits

Basmati rice is a long-grained and extremely aromatic rice hailing from the foothills of the Himalayans in India. Although very commonplace in Indian cuisine, basmati rice is also used in Mexican and Iranian dishes as well as many Western dishes. Serve Roland Basmati White Rice as a nutty and aromatic base for your next Indian meal. Serving Suggestions :makes the perfect base for popular Indian dishes such as Chicken Tikka Masala.

| Ingredients   | ▲ Allergens  |  |  |
|---------------|--|--|--|
| BASMATI RICE. | Free From:  Substituting crustaceans of eggs of fish of milk of milk of peanuts of soy of tree nuts of wheat |  |  |

# **Nutrition Facts**

Servings per Container 100 50.0g (50g) Serving size

# Amount per serving Calories

120

| Calonies                | 100         |
|-------------------------|-------------|
| % Da                    | aily Value* |
| Total Fat 0g            | 0%          |
| Saturated Fat 0g        | 0%          |
| Trans Fat               |             |
| Cholesterol 0mg         | 0%          |
| Sodium Omg              | 0%          |
| Total Carbohydrate 40g  | 15%         |
| Dietary Fiber 0g        | 0%          |
| Total Sugars 0g         |             |
| Includes 0g Added Sugar | 0%          |
| Protein 4g              |             |
|                         |             |
| Vitamin D 0mcg          | 0%          |
| Calcium 0mg             | 0%          |
| Iron 0.2mg              | 1%          |
| Potassium 37mg          | 1%          |
|                         |             |

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Handling Suggestions**

Store in a cool dry place.

# Serving Suggestions

Basmati makes the perfect base for popular Indian dishes such as Chicken Tikka Masala, side dishes, rice bowls, and cold salads.

### Prep & Cooking Suggestions

Bring 1/2 cup of water to a boil with 2tsp. of butter (or oil) and 1/4 tsp. salt. Add 1 cup of rinsed Roland Basmati White Rice and stir. Cover and allow to bil again. Reduce heat, cover, and let simmer for 15-20 minutes. Remove from heat and fluff with fork.

### Product Specifications

| Brand  | Manufacturer              | Product Category |
|--------|---------------------------|------------------|
| Roland | American Roland Food Corp | Cereal           |

| UPC          | MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|--------------|-------|--------|----------------|------|------------|
| 041224725003 | 72500 | 472500 | 10041224725000 |      | 1/11 LB    |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.5lb       | 11lb       | India             | Yes    |                 |

| Shipping Information |        |        |         |       |            |                      |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length               | Width  | Height | Volume  | TIxHI | Shelf Life | Storage Temp From/To |
| 10.5in               | 1.75in | 15in   | 0.16ft3 | 7x6   | 180days    | 60°F / 77°F          |





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# Nutrition Analysis - By Measure

| Calories            | 180 | Total Fat           | 0g   | Sodium         | 0mg   |
|---------------------|-----|---------------------|------|----------------|-------|
| Protein             | 4   | Trans Fats          |      | Calcium        | 0mg   |
| Total Carbohydrates | 40g | Saturated Fat       | 0g   | Iron           | 0.2mg |
| Sugars              | 0g  | Added Sugars        | 0g   | Potassium      | 37mg  |
| Dietary Fiber       | 0g  | Polyunsaturated Fat |      | Zinc           |       |
| Lactose             |     | Monounsaturated Fat |      | Phosphorus     |       |
| Sucrose             |     | Cholesterol         | 0mg  |                |       |
| Vitamin A(IU)•      |     | Vitamin D           | 0mcg | Thiamin        |       |
| Vitamin A(RE)       |     | Vitamin E           |      | Niacin         |       |
| Vitamin C           |     | Folate              |      | Riboflavin     |       |
| Magnesium           |     | Vitamin B-6         |      | Vitamin B-1 2• |       |
| Monosodium          |     | Sulphites           |      | Nitrates       |       |

# Additional Images



