



Van Lang  
491104 - Fig & Goat Cheese Flatbread



INGREDIENTS: FILLING: Cream Cheese (pasteurized cultured milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gums)), Goat Cheese (pasteurized goat milk, salt, cheese cultures, microbial rennet. Contains: goat milk), Fig Preserve (white figs, sugar, brown cane sugar, concentrated lemon juice, fruit pectin), Green Onions, Salt, Black Pepper. DOUGH: Flatbread (wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, water, soybean oil, salt, sugar, and yeast. Contains: wheat). CONTAINS: MILK, WHEAT, SOY.



Nutrition Facts

Servings per Container 100  
Serving size 2.0PC (2H87)

Amount per serving  
Calories 80

% Daily Value*	
Total Fat 8g	1%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 110mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0.4mcg	2%
Calcium 104mg	8%
Iron 0.36mg	2%
Potassium 94mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

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COOKING INSTRUCTIONS: Bake from frozen in 350F oven for 8-10 minutes. Internal temperature must reach 165F as measured by a thermometer.

Ingredients

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Allergens

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts  
sesame tree nuts

Handling Suggestions

Keep in -20F - 10F freezer.

Serving Suggestions

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Prep & Cooking Suggestions

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Product Specifications

Brand	Manufacturer
Van Lang	Van Lang Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	491104	491104	00813945024037		200/0.70 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.4lb	8.7lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.5in	6.5in	0.59ft3	13x10	237days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	8g	Sodium	110mg
Protein	3	Trans Fats	0g	Calcium	104mg
Total Carbohydrates...	1g	Saturated Fat	4.5g	Iron	0.36mg
Sugars	1g	Added Sugars	0g	Potassium	94mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	



Additional Images

