



Firehook

# 500122 - Rosemary Sea Salt Mediterranean Cra

These organic Rosemary Sea Salt Mediterranean Crackers pair wonderfully with a triple-creme brie or mascarpone, or Saint Andre or Saint Angel. You will make sophisticated snacking super easy. Also, a wonderful alternative to breadsticks.



## Nutrition Facts

Servings per Container **5**  
Serving size **1oz**

Amount per serving  
**Calories 100**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Artisan-baked crackers with the perfect crunch! Our crackers are baked from scratch using simple, NON-GMO, USDA ORGANIC ingredients. Mediterranean-inspired flavors that are perfect for snacking and even better with your favorite cheese, dip, and spread. Family-owned and keeping it crunchy since 1992! Ingredients: Organic Wheat Flour, Organic Honey, Organic Yeast, Salt, Organic Rosemary, Organic Olive Oil

### Ingredients

Organic wheat flour, organic honey, organic yeast, salt, organic rosemary, organic olive oil

### ⚠ Allergens

#### Contains:



wheat

#### Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

### Handling Suggestions

DRY. KEEP CONTAINER CLOSED FOR MAXIMUM FRESHNESS

### Serving Suggestions

SNACKING. PAIRED WITH SOUPS, SALADS, OR DIPS

### Prep & Cooking Suggestions

Ready to eat

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Firehook	Firehook Of Virginia Inc	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
899055001229	66602501	500122	10899055001226		8/5.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.75lb	2.75lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.8in	11.5in	8.3in	0.65ft3	9x12	117days	60°F / 77°F



**Firehook**

## 500122 - Rosemary Sea Salt Mediterranean Cra

These organic Rosemary Sea Salt Mediterranean Crackers pair wonderfully with a triple-creme brie or mascarpone, or Saint Andre or Saint Angel. You will make sophisticated snacking super easy. Also, a wonderful alternative to breadsticks.



### Nutrition Analysis - By Measure

Calories	100	Total Fat	0.5g	Sodium	160mg
Protein	3	Trans Fats		Calcium	0mg
Total Carbohydrates...	19g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

