



JosÃ© AndrÃ©s

504709 - Sardines In Olive Oil

Net-caught Galician sardines, hand-packed and preserved in extra virgin olive oil.



Nutrition Facts

1 Servings Per Container

Serving size **1 package (85g)**

Amount per serving
Calories 170

% Daily Value*

Total Fat 10 g	13%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 570 mg	25%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugar	0%
Protein 20 g	
Vitamin D 6 mcg	30%
Calcium 340 mg	30%
Iron 3 mg	30%
Potassium 220 mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

These celebrated sardines from Galicia are net-caught along the shores of the Rianxo estuaries in northern Spain. They are processed within hours of being harvested. After a rinse in fresh seawater, they are lightly sauted in extra virgin oil, just enough to hold their shape then they are carefully packed by hand to be preserved in tins. Exceptionally tender and mild in flavor, they are best enjoyed with a crisp white wine or a cold beer and some crusty bread.

Ingredients

Sardines, Olive Oil, Salt

Allergens

Contains:

crustaceans

May Contain:

fish

Free From:

eggs milk peanuts sesame

soy tree nuts wheat

Handling Suggestions

Dry Storage---
UNIT UPC: 855985004709

Serving Suggestions

Best enjoyed with a crisp white wine or a cold beer and some crusty bread.

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand	Manufacturer
JosÃ© AndrÃ©s	Los Peperetes

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
855985004709	4709	504709	10855985004706		12/4.23 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.4 lb	3.12 lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
4.3 in	4.5 in	12.3 in	0.14 ft3	22x10	1541 days	60 °F / 77 °F



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Nutrition Analysis - By Measure

Calories	170	Total Fat	10 g	Sodium	570 mg
Protein	20	Trans Fats	0 g	Calcium	340 mg
Total Carbohydrates...	0 g	Saturated Fat	2 g	Iron	3 mg
Sugars	0 g	Added Sugars	0 g	Potassium	220 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55 mg		
Vitamin A(U)		Vitamin D	6 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

