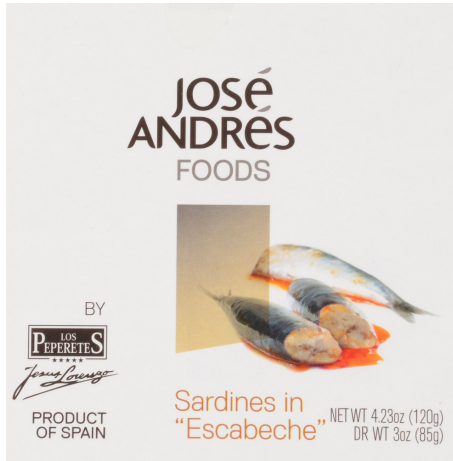




JosÃ© AndrÃ©s

# 504716 - Sardines In Escabeche Gluten Free

Fished with centuries-old methods from the waters of Galicia, which give the sardines a succulent flavor, they are prepared in 'escabeche,' a classic marinade of olive oil, vinegar, paprika, salt and spices. Rich in B vitamins, minerals and a natural source of omega-3.



## Nutrition Facts

Servings per Container 1  
Serving size 1package(85g)

Amount per serving  
**Calories 150**

|                              | % Daily Value* |
|------------------------------|----------------|
| <b>Total Fat</b> 7g          | <b>9%</b>      |
| Saturated Fat 1g             | <b>5%</b>      |
| Trans Fat                    |                |
| <b>Cholesterol</b> 85mg      | <b>28%</b>     |
| <b>Sodium</b> 410mg          | <b>18%</b>     |
| <b>Total Carbohydrate</b> 0g | <b>0%</b>      |
| Dietary Fiber 0g             | <b>0%</b>      |
| Total Sugars 0g              |                |
| Includes 0g Added Sugar      | <b>0%</b>      |
| <b>Protein</b> 20g           |                |
| Vitamin D 6mcg               | <b>30%</b>     |
| Calcium 290mg                | <b>22%</b>     |
| Iron 1mg                     | <b>6%</b>      |
| Potassium 220mg              | <b>5%</b>      |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

These sardines are truly a taste of Spain. Fished with centuries-old methods from the waters of Galicia, which give the sardines a succulent flavor, they are prepared in 'escabeche,' a classic marinade of olive oil, vinegar, paprika, salt and spices. Rich in B vitamins, minerals and a natural source of omega-3, just open and serve with a bottle of good wine for an exciting, healthy treat.

### Ingredients

Sardines, Olive Oil, Vinegar, Water, Paprika, Black Pepper, Bay Leaf, Onion and Salt

### ⚠ Allergens

#### Contains:

crustaceans

#### Free From:

eggs fish milk peanuts soy

tree nuts wheat

### Handling Suggestions

Dry Storage

### Serving Suggestions

Ready to Eat

### Prep & Cooking Suggestions

See label for suggestions

### ✍ Product Specifications

| Brand         | Manufacturer  | Product Category                                 |
|---------------|---------------|--|
| JosÃ© AndrÃ©s | Los Peperetes | Canned Tuna, Anchovy, Sardine, Salmon, & Seafood |

| UPC          | MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|--------------|-------|--------|----------------|------|------------|
| 855985004716 | 4716  | 504716 | 10855985004713 |      | 12/4.23 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 4.4lb        | 3.12lb     | Spain             | No     |                 |

| Shipping Information |       |        |                     |       |            |                      |
|----------------------|-------|--------|---------------------|-------|------------|----------------------|
| Length               | Width | Height | Volume              | TlxHl | Shelf Life | Storage Temp From/To |
| 4.3in                | 4.5in | 12.3in | 0.14ft <sup>3</sup> | 22x10 | 999days    | 60°F / 77°F          |



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## Nutrition Analysis - By Measure

|                        |     |                     |      |              |       |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories               | 150 | Total Fat           | 7g   | Sodium       | 410mg |
| Protein                | 20  | Trans Fats          |      | Calcium      | 290mg |
| Total Carbohydrates... | 0g  | Saturated Fat       | 1g   | Iron         | 1mg   |
| Sugars                 | 0g  | Added Sugars        | 0g   | Potassium    | 220mg |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc         |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus   |       |
| Sucrose                |     | Cholesterol         | 85mg |              |       |
| Vitamin A(U)           |     | Vitamin D           | 6mcg | Thiamin      |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin       |       |
| Vitamin C              |     | Folate              |      | Riboflavin   |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12 |       |
| Monosodium             |     | Sulphites           |      | Nitrates     |       |

## Additional Images

