



JosÃ© AndrÃ©s

504747 - Mussels In Escabeche Gluten Free

Mussels Escabeche come from Spain's rocky shores. They are harvested in the traditional way and carefully cooked and shelled by hand to bring you the plumpest mussels and they come prepared in an escabeche sauce.



Nutrition Facts

Servings per Container	1
Serving size	1package(85g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 810mg	35%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 70mg	25%
Iron 4mg	6%
Potassium 240mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

You cannot know Spain without savoring this authentic tapa. These mussels in 'escabeche' are crafted by artisans who specialize in the seafood of Galicia. The mussels come from the region's rocky shores, harvested in the traditional way and carefully cooked and shelled by hand to bring you the plumpest, most perfect mussels. Prepared in an 'escabeche' sauce, a classic marinade of olive oil, vinegar, paprika, salt, bay leaves, pepper and cloves, these mussels are easily enjoyed with a bottle of good wine for an any time party.

Ingredients

Mussels, Olive Oil, Vinegar,Water, Paprika, Black Pepper, Bay Leaf, Onion, Salt

Allergens

Contains:

crustaceans

Free From:

eggs fish milk peanuts sesame soy tree nuts wheat

Handling Suggestions

Dry Storage UNIT UPC: 855985004747

Serving Suggestions

Ready to Eat

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand			Manufacturer			
JosÃ© AndrÃ©s			Los Peperetes			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
855985004747	4747	504747	10855985004744		12/4.23 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
4.4lb	3.12lb	Spain	No			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
4.3in	4.5in	12.3in	0.14ft3	22x10	999days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	150	Total Fat	7g	Sodium	810mg
Protein	16	Trans Fats	0g	Calcium	70mg
Total Carbohydrates...	0g	Saturated Fat	1g	Iron	4mg
Sugars	0g	Added Sugars	0g	Potassium	240mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

