



## Hero Bread

# 505108 - Seeded Sliced Bread

Our delicious and fluffy wheat bread is baked with pumpkin seeds, sunflower seeds and flax seeds to ensure a hearty, flavor-filled bite. Now made with heart-healthy olive oil.



## Nutrition Facts

Servings per Container 15  
Serving size 37grams (1H87)

Amount per serving  
**Calories 60**

% Daily Value\*

Total Fat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	13g	5%
Dietary Fiber	12g	43%
Total Sugars	0g	
Includes Added Sugar	0g	0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	1mg	6%
Potassium	91mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

The inviting texture and wholesome taste of a seeded bread is difficult to pass up, especially when topped with your favorite almond butter or dressed up as a club sammie. Our delicious and fluffy wheat bread is baked with pumpkin seeds, sunflower seeds and flax seeds to ensure a hearty, flavor-filled bite.

### Ingredients

Water, Resistant Wheat Starch, Wheat Protein, Yeast, Wheat Bran, Olive Oil, Contains less than 2% of Wheat Germ, Inulin, Vinegar, Salt, Fava Bean Protein, Raisin Juice Concentrate, Flax Seeds Sunflower Seed Kernels, Millet, Pumpkin Seeds, Guar Gum, Milled Flaxseed, Sunflower Lecithin, Ascorbic Acid, Cultured Wheat Flour, Wheat Flour, Natural Flavors, Enzymes.  
Contains: Wheat

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Keep Frozen UNIT UPC: 860008222374

### Serving Suggestions

Thaw and Serve. Enjoy within 10 days of receiving or freeze for up to 6 months. Allow to reach room temperature before eating for the fresh, fluffy taste you expect from Hero Bread.

### Prep & Cooking Suggestions

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### Product Specifications

Brand	Manufacturer
Hero Bread	Hero Labs Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
860008222374	505	505108	20860008222378		8/19.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	9.75lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
22.5in	8.5in	9.38in	1.04ft3	9x6	176days	-5°F / -2°F



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### Nutrition Analysis - By Measure

Calories	60	Total Fat	2.5g	Sodium	230mg
Protein	6	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	13g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	91mg
Dietary Fiber	12g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

