



Divina

508311 - Gigandes Beans Natural

This is a center plate worthy bean; plump, firm and buttery. Our Greek mountain beans are packed in their natural brine, making them an ideal ingredient for homemade soups, chili, dips and more.



Nutrition Facts

Servings per Container 16
Serving size 90.0g (90g)

Amount per serving
Calories 260

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 37g	13%
Dietary Fiber 8g	29%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 5.2mg	29%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

This is a center plate worthy bean; plump, firm and buttery. Our Greek mountain beans are packed in their natural brine, making them an ideal ingredient for homemade soups, chili, dips and more. The mountainous region of northern Greece is renowned for its mineral-rich soil. This is where we grow and harvest our gigandes beans, the largest of the white bean family. Packed with nutrients, these beans are a great plant protein and alternative to meat.

Ingredients

Giant White Beans, Water, Sea Salt

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store ambient.
Keep refrigerated after opening.

Serving Suggestions

Pulse into a bean dip and add your favorite mix in's like roasted peppers, fresh herbs, etc. Use as the main protein source for a bean chili or stew
Stir into soups and broths

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer	Product Category
Divina	Foodmatch Dry	Vegetables, Canned & Frozen

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
631723508308	50830	508311	10631723508305	6	6/3.1 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
30lb	18.6lb	Greece	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
3.21in	2.17in	0.79in	0ft3	7x11	580DAYS	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	260	Total Fat	6g	Sodium	120mg
Protein	13	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	37g	Saturated Fat	0g	Iron	5.2mg
Sugars	1g	Added Sugars	0g	Potassium	300mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

