



La Tortilla Factory
52039003 - Whole Wheat Tortillas Low Carb

Low Carb Whole Wheat Tortillas has only 6 net carbs per tortilla, and is packed with protein and fiber. Plus, theyre made without GMOs, hydrogenated oils or fake dyes.



Nutrition Facts

Servings per Container 8
Serving size 62grams (1EA)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 19g	7%
Dietary Fiber 13g	46%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 76mg	6%
Iron 1mg	6%
Potassium 174mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

With only 6g net carbs, each of these tortillas is packed with 8g of protein, 52% of your recommended daily intake of fiber, and has only 90 calories. Plus, theyre made with whole wheat and without GMOs, hydrogenated oils or fake dyes. Plenty of protein, before you even add your protein.

Ingredients

WATER, OAT FIBER, WHOLE WHEAT FLOUR, SOY FLOUR, WHEAT GLUTEN, EXPELLER PRESSED CANOLA OIL, CONTAINS 2% OR LESS OF EACH OF: NON-ALUMINUM BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), SEA SALT, GUAR GUM, CITRIC ACID, YEAST, XANTHAN GUM, TO MAINTAIN FRESHNESS (SORBIC ACID, CALCIUM PROPIONATE).

⚠ Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
peanuts sesame tree nuts

Handling Suggestions

Store in a cool, dry place.
Refrigeration okay. UNIT UPC:
078858520391

Serving Suggestions

Great for tacos, burritos, quesadillas and snacking.

Prep & Cooking Suggestions

No preparation required.

📄 Product Specifications

Brand	Manufacturer
La Tortilla Factory	Tortilla King LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
078858520391	52039-003	52039003	20078858520395		10/17.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.76lb	10.94lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.6in	9.7in	4.6in	0.51ft3	8x12	59days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	90	Total Fat	3g	Sodium	340mg
Protein	8	Trans Fats	0g	Calcium	76mg
Total Carbohydrates...	19g	Saturated Fat	0g	Iron	1mg
Sugars	1g	Added Sugars	0g	Potassium	174mg
Dietary Fiber	13g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

