



Plats Du Chef

52355 - 3 Cheese Quiche 4 Inch

Perfect for brunch, a flaky pastry shell filled with a creamy blend of cheese. This quiche is creamy and soft, with a light and delicate mouthfeel. Cuisine Adventures was created to make culinary classics accessible to everyone.



Nutrition Facts

Servings per Container 24
Serving size 170.0g (170g)

Amount per serving
Calories 470

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 30g | 38% |
| Saturated Fat 13g | 65% |
| Trans Fat | |
| Cholesterol 205mg | 68% |
| Sodium 630mg | 27% |
| Total Carbohydrate 31g | 11% |
| Dietary Fiber 1g | 4% |
| Total Sugars 4g | |
| Includes 0g Added Sugar | 0% |
| Protein 19g | |
| Vitamin D 0.6mcg | 3% |
| Calcium 315mg | 24% |
| Iron 2.4mg | 13% |
| Potassium 225mg | 5% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A flaky pastry shell filled with a creamy blend of cheese. Cuisine Adventures was created to make culinary classics accessible to everyone. We began our gastronomic journey in France where we came across a savory French onion soup, our very first product. We quickly expanded our offering with favorites. Today, were still travelling the world in search of irresistible recipes to bring back home.

Ingredients

FILLING: MILK, EGG, ONION, SWISS CHEESE (MILK, SALT, MICROBIAL ENZYME, BACTERIAL CULTURE), CHEDDAR CHEESE (MILK, SALT, CALCIUM CHLORIDE, BACTERIAL CULTURE, MICROBIAL ENZYME, ANNATTO (COLOR)), LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE (MILK, MILK PROTEIN CONCENTRATE, WHEY PROTEIN CONCENTRATE, NONFAT MILK, MILKFAT, SALT, BACTERIAL CULTURE, CALCIUM CHLORIDE, MICROBIAL ENZYME), MODIFIED CORN STARCH, CORN STARCH, CHIVES, SALT, FLAVOR (YEAST EXTRACT, SALT, NATURAL FLAVOR), ONION POWDER, GARLIC POWDER, WHOLE MILK POWDER. PASTRY: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM AND CANOLA OIL SHORTENING, WATER, CANOLA OIL, YEAST, SALT, DEXTROSE, MICROBIAL ENZYME.

⚠ Allergens

Contains:

🥚 eggs 🥛 milk 🌾 wheat

Free From:

🦀 crustaceans 🐟 fish 🥜 peanuts 🍫 soy
🌰 tree nuts

Handling Suggestions

Keep frozen

Serving Suggestions

Prepare from Frozen

Prep & Cooking Suggestions

Remove all packaging including tray.
OVEN For flakier crust
Preheat oven to 400F. Place quiche on baking sheet.Cook 21 to 23 minutes.Let stand 1 minute before serving.
MICROWAVE for softer pastry
Place quiche on a microwave-safe plate lined with paper towel.Heat on high 3 to 3 1/2 minutes.Let stand 1 minute before serving.
NOTE:Cook until minimum internal temperature of 165F is reached.

📄 Product Specifications

| Brand | Manufacturer | Product Category |
|---------------|---------------|------------------|
| Plats Du Chef | Plats Du Chef | |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-----|-----------|-------|----------------|------|------------|
| | 52-3-5545 | 52355 | 10056409355453 | | 24/170 GR |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 10.24lb | 8.99lb | Canada | No | |

| Shipping Information | | | | | | |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 15.67in | 10.83in | 4.92in | 0.48ft3 | 10x8 | 238days | -2°F / -5°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|-----|---------------------|--------|---------------|-------|
| Calories | 470 | Total Fat | 30g | Sodium | 630mg |
| Protein | 19 | Trans Fats | | Calcium | 315mg |
| Total Carbohydrates... | 31g | Saturated Fat | 13g | Iron | 2.4mg |
| Sugars | 4g | Added Sugars | 0g | Potassium | 225mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 205mg | | |
| Vitamin A(U) | | Vitamin D | 0.6mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

