

Firehook

550124 - Sea Salt Mediterranean Crackers Org



This firehook classic made of 4 simple ingredients, and sprinkled with sea salt is waiting for your cheese or dip pairing! These may just be the perfect cracker.



* Benefits

Artisan baked crackers with the perfect crunch! Our crackers are baked from scratch using simple, NON-GMO, USDA ORGANIC ingredients. Mediterranean inspired flavors that are perfect for snacking and even better with your favorite cheese, dip and spread. Family owned and keeping it crunchy since 1992! Ingredients: Organic Wheat Flour, Organic Honey, Organic Yeast, Salt, Organic Olive Oil

Ingredients	A Allergens
Organic wheat flour, Organic honey, Organic yeast, salt, Organic olive oil	Contains: wheat Free From:
	crustaceans eggs fish milk

Nutrition Facts

Servings per Container Serving size

5 1oz

Calories	100
- % [Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	2%
Potassium 0mg	0%

a serving of food contributes to a daily diet. 2,000 calories

Manufacturer

a day is used for general nutrition advice.

10899055001240

Handling Suggestions

Dry. Keep container closed for Maximum freshness UNIT UPC: 899055001243

Serving Suggestions

SNACKING. PAIRED WITH SOUPS, SALADS, OR DIPS

Prep & Cooking Suggestions

See label for suggestions



Product Specifications

66602503

Brand

899055001243

Firehook			Firehook Of Virginia Inc				
UPC	MFG #	SPC#	GTIN	Pack	Pack Desc.		

550124

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition	
4.75lb	2.75lb	United States	Yes		

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
11.8in	11.5in	8.3in	0.65ft3	9x12	160days	60°F / 77°F	



8/5.5 OZ



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Nutrition Analysis - By Measure

Calories	100	Total Fat	0.5g	Sodium	160mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates···	19g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



