



Effie's Homemade

55524 - Corn Biscuits

Inspired by regional recipes of the Americas - cornmeal flatbreads, corn pones, johnnycakes - Effie's Corncakes are crisp tea biscuits with a homey, toasted corn flavor, and a hint of anise.



Nutrition Facts

Servings per Container 7
Serving size 3pcs (3H87)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat	
Cholesterol 15mg	5%
Sodium 120mg	5%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 5g Added Sugar	10%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 30mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Inspired by regional recipes of the Americas - cornmeal flatbreads, corn pones, johnnycakes - Effie's Corncakes are crisp tea biscuits with a homey, toasted corn flavor, and a hint of anise. The first bite of an Effie's biscuit is a moment of pure delight. Lightly sweet with a bright finish of salt, they're more refined than a cookie, more dynamic than a cracker. Savor on their own or as a perfect companion for tea, coffee or a world of cheese. Either way, Effie's Homemade honors a rich, farmhouse tradition and continues the spirit of sharing simple pleasures.

Ingredients

WHEAT FLOUR, BUTTER, COARSE CORN MEAL, CANE SUGAR, WHITE CORN MASA FLOUR, WATER, KOSHER SALT, ANISE SEED, BAKING SODA

Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 soy tree nuts

Handling Suggestions

Ambient

Serving Suggestions

Corn biscuits are a terrific companion for coffee, or get creative with a dollop of fresh chvre and red pepper jelly.

Prep & Cooking Suggestions

Open and enjoy

Product Specifications

Brand	Manufacturer	Product Category
Effie's Homemade	Effies Homemade LLC	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
891077002024	55524	55524	10891077002021		12/7.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.5lb	7lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11in	8in	9in	0.46ft3	20x6	255days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	6g	Sodium	120mg
Protein	2	Trans Fats		Calcium	6mg
Total Carbohydrates...	19g	Saturated Fat	3.5g	Iron	0mg
Sugars	6g	Added Sugars	5g	Potassium	30mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

