Bear's

565000 - **Plain Granola**

NATURAL PLAIN GRANOLA

Benefits

NATURAL PLAIN GRANOLA

Ingredients

OATMEAL (ROLLED OATS), BROWN SUGAR (CANE SUGAR, MOLASSES), WATER, MILLET SEED, SUNFLOWER SEEDS, CANOLA OIL, HONEY, GLUCOSE AND CITRIC ACID

Allergens

Free From:

soy, tree nuts, wheat

Nutrition Facts

Servings per Container	**1**
Serving size	**100.0g (100g)**

Amount per serving

Calories **440**

	% Daily Value*
Total Fat 19g	**24%**
Saturated Fat 2g	**10%**
Trans Fat	
Cholesterol 0mg	**0%**
Sodium 5mg	**0%**
Total Carbohydrate 61g	**22%**
Dietary Fiber 6g	**21%**
Total Sugars 19g	
Includes 11g Added Sugar	**22%**
Protein 9g	
Vitamin D 0mcg	**0%**
Calcium 40mg	**3%**
Iron 2.9mg	**16%**
Potassium 120mg	**3%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand	Manufacturer
Bear's	Bear Stewart LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
068501056506	5650	565000	00850025611121		1/25 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26lb	25lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
10in	12in	10in	0.69ft3	12x4	238days	60°F / 77°F

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Nutrition Analysis - By Measure

Calories	440	Total Fat	19g	Sodium	5mg
Protein	9	Trans Fats		Calcium	40mg
Total Carbohydrates•••	61g	Saturated Fat	2g	Iron	2.9mg
Sugars	19g	Added Sugars	11g	Potassium	120mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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