



Riso Rizetta

# 570020 - Italian Black Rice

Harvested from northern Italy's famous Po River Valley, Riso Rizetta Italian rices are rich in protein, amino acids, and minerals. Each variety lends its own authentic texture and flavor to you favorite Italian dishes.



## Nutrition Facts

Servings per Container 11  
Serving size 45.0g (45g)

Amount per serving  
**Calories 170**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 35g	<b>13%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 20mg	<b>2%</b>
Iron 1.26mg	<b>7%</b>
Potassium 2mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

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#### Ingredients

100% Black Rice

#### ⚠ Allergens

##### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Store in a cool, dry place away from light and heat. Once opened, store in an airtight container.

### Serving Suggestions

Serve as a side dish to main courses

### Prep & Cooking Suggestions

Combine 2 cups lightly salted water or stock with 1 cup of rice. Bring to a rapid boil, then reduce heat to low and cover. Simmer for 30-35 minutes, or until liquid is absorbed.

### Product Specifications

Brand	Manufacturer	Product Category
Riso Rizetta	Encore Specialty Foods	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
876314002494	57002	570020	10876314002491		6/17.6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.5lb	6.6lb	Italy	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.75in	3.5in	7.25in	0.16ft3	34x8	475days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	170	Total Fat	1.5g	Sodium	0mg
Protein	4	Trans Fats		Calcium	20mg
Total Carbohydrates...	35g	Saturated Fat	0g	Iron	1.26mg
Sugars	0g	Added Sugars	0g	Potassium	2mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

