



**BelGioioso**

# 5730 - Parmesan Wheel

BelGioioso Parmesan is made with fresh milk and each wheel is aged in special caves for over 10 months. BelGioiosos cheesemakers expert care develops Parmesans sweet, nutty flavor and tantalizing aroma.



## Nutrition Facts

**Servings per Container** 384  
**Serving size** 1.0OZ (1oz)

**Amount per serving**  
**Calories** 110

**% Daily Value\***

<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 9g	
Vitamin D 0mcg	<b>0%</b>
Calcium 261mg	<b>20%</b>
Iron 0mg	<b>0%</b>
Potassium 32mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

BelGioioso Parmesan is made with fresh milk gathered daily from our local farmers. Each wheel is aged in special caves for over 10 months. BelGioiosos cheesemakers carefully inspect and hand-turn every wheel to ensure a consistent aging process. This expert care develops Parmesans sweet, nutty flavor and tantalizing aroma. BelGioiosos Master Cheesemakers carefully inspect and hand-turn each wheel to ensure a consistent aging process.

### Ingredients

Cultured Milk, Salt, Enzymes

### ⚠ Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Refrigerate after opening.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
BelGioioso	BelGioioso Cheese Inc	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
031142301106	30910	5730	90031142309105		1/24 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
27.24lb	25.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.75in	13.75in	6.63in	0.73ft3	9x9	273days	35°F / 37°F

### Serving Suggestions

Cut ribbons of zucchini and blanch them in hot water until almost cooked through. Toss with shredded Parmesan and cooked pancetta pieces for tasty side dish. Add thin slices of Parmesan to an Italian panini for extra flavor. Prepare an alfredo sauce with Parmesan and serve as a fondue with roasted vegetables

### Prep & Cooking Suggestions

Shred, shave or grate and add to your favorite recipe.



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### Nutrition Analysis - By Measure

Calories	110	Total Fat	7g	Sodium	250mg
Protein	9	Trans Fats		Calcium	261mg
Total Carbohydrates...	1g	Saturated Fat	5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	32mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

