



Roman's Bakehouse

578296 - Greek Flatbread Pita

Romans delicious Greek style pita bread is great for gyros, souvlaki, pizzas, garlic fingers, and more! This premium vegan Greek Pita Bread is made with no artificial flavours or colors, no dough conditioners and is dairy, egg, nut and soy free.



Nutrition Facts

Servings per Container	5
Serving size	85.0g (85g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 40g	15%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 1g Added Sugar	%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 2mg	10%
Potassium 17mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Romans Bakehouse is your One Stop Shop for Pita, Flatbread and Naan Bread. These premium vegan products are made with no artificial flavours or colors, no dough conditioners and are dairy, egg, nut and soy free. Craft baked since 1989 with the highest quality ingredients, Romans Bakehouse products will be a pantry staple for years to come! Romans delicious Greek style pita bread is great for gyros, souvlaki, pizzas, garlic fingers, and more!

Ingredients

Enriched wheat flour (flour, niacin, iron, thiamin, riboflavin, folic acid), water, whole wheat flour (flour, ascorbic acid, amylase), cultured wheat flour, yeast, salt, canola oil, leavening (calcium acid pyrophosphate, sodium bicarbonate, corn starch, calcium phosphate, calcium sulfate), sugar, vinegar, guar gum, mono- and diglycerides, enzymes.

Allergens

Contains:



wheat

Free From:



crustaceans



eggs



fish



milk



peanuts



sesame



soy



tree nuts

Handling Suggestions

Remove desired amount of Greek Pita from package, reseal bag to maintain freshness. UNIT UPC: 820581578299

Serving Suggestions

Open and enjoy! Cut into wedges and toast, cut in half and use as sandwich pockets, or split and roll with your favorite ingredients for a wrap.

Prep & Cooking Suggestions

Top Greek Pita with desired ingredients, roll and enjoy! Option to top with desired ingredients such as pizza sauce, cheese and your favorite toppings, pop it in the oven at 400C until crispy, and serve!

Product Specifications

Brand	Manufacturer
Roman's Bakehouse	Fancy Pokket Bakery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581578299	578296	578296	10820581578296		24/425 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24lb	23lb	Canada	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.25in	23.5in	7.15in	1.48ft3	5x10	277days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	210	Total Fat	1.5g	Sodium	300mg
Protein	11	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	40g	Saturated Fat	0g	Iron	2mg
Sugars	1g	Added Sugars	1g	Potassium	17mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

