



Roman's Bakehouse

578333 - Original Pita Bread Mini Vegan

Romans Mini Pita Bread is baked to perfection in an authentic brick oven, its perfect for sandwiches, wraps, pizzas, dipping and more! Romans premium vegan products are made with no artificial flavours or colors, no dough conditioners and are dairy, egg, nut and soy free.



Nutrition Facts

Servings per Container 3.5
Serving size 56g

Amount per serving
Calories 140

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 2mg	10%
Potassium 8mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Romans Bakehouse is your One Stop Shop for Pita, Flatbread and Naan Bread. These premium vegan products are made with no artificial flavours or colors, no dough conditioners and are dairy, egg, nut and soy free. Craft baked since 1989 with the highest quality ingredients, Romans Bakehouse products will be a pantry staple for years to come! For over 30 years, Romans Bakehouse Pita Bread is baked to perfection in an authentic brick oven. A mini version of our traditional original pita perfect for snacking, appetizers, and dips!

Ingredients

Enriched wheat flour (flour, niacin, iron, thiamin, riboflavin, folic acid), water, cultured wheat flour, yeast, salt, vinegar, guar gum, enzymes.

Allergens

Contains:

wheat

Free From:

crustaceans eggs fish milk
 peanuts sesame soy tree nuts

Handling Suggestions

Remove desired amount of pita from package, reseal bag to maintain freshness. UNIT UPC: 820581578336

Serving Suggestions

Open and Enjoy! Split the pita open on the edge, stuff with your favorite ingredients, roll and enjoy - Or cut the pita in half, open up each side and stuff with your favorite ingredients for a half-sized pocket. Reseal bag for freshness.

Prep & Cooking Suggestions

Split pita open on the side, stuff with desired ingredients, serve and enjoy! Option to place desired ingredients on pita, top with cheese, place in the oven at 400C until cheese is melted!

Product Specifications

Brand	Manufacturer
Roman's Bakehouse	Fancy Pokket Bakery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581578336	578333	578333	10820581578333		24/200 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	11lb	Canada	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.25in	22.75in	8.5in	1.59ft3	5x10	277days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	140	Total Fat	0.5g	Sodium	130mg
Protein	7	Trans Fats	0g	Calcium	50mg
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	2mg
Sugars	0g	Added Sugars	0g	Potassium	8mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

