



Kryssos

59140 - Olives Kalamata Pitted Mini Keg

Kalamata olives are a good source of nutrition with a slightly salty taste. This 4.4lb. pail of Pitted Kalamata Olives from Kryssos is enough to last your family for a good while, and because they are preserved in brine, they have an incredibly long shelf life in the refrigerator.



Nutrition Facts

Servings per Container 20
Serving size 3Olives (100g)

Amount per serving
Calories 260

% Daily Value*

Total Fat 23g 23%
Saturated Fat 3.1g 16%
Trans Fat

Cholesterol 0mg 0%

Sodium 2000mg 87%

Total Carbohydrate 12g 4%

Dietary Fiber 6g 21%

Total Sugars 0g

Includes 0g Added Sugar 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Kalamata olives are a good source of nutrition. Although, they are usually a bit salty due to brine, they contain a good source of fiber, calcium and other beneficial nutrients. They are traditionally eaten in salads or paired with fresh cheeses. This 4.4lb. pail of Pitted Kalamata Olives from Kryssos is enough to last your family for a good while, and because they are preserved in brine, they have an incredibly long shelf life in the refrigerator.

Ingredients

Pitted Kalamata Olives (Kalamata Polives, Salt, Olive Oil, Acetic Acid), Canola oil, Spices

⚠ Allergens

Free From:



Handling Suggestions

Keep at room temperature, refrigerate after opening

Serving Suggestions

Kalamata olives are delicious with lemon and feta cheese, with sun-dried tomatoes, or even baked into bread or used as a pizza topping.

Prep & Cooking Suggestions

Portion Desired Amount

📄 Product Specifications

Brand	Manufacturer	Product Category
Kryssos	Kryssos	Olives

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581591403	2ODKEL	59140	0000000000000		1/4.4 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.71lb	4.4lb	Greece	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
5.9in	5.9in	9.5in	0.19ft3	7x7	480days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	260	Total Fat	23g	Sodium	2000mg
Protein	1	Trans Fats		Calcium	0mg
Total Carbohydrates...	12g	Saturated Fat	3.1g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

