



**Superb**  
**59296 - Canola Oil**

Canola oil is becoming the vegetable oil of choice in the health care industry, characterized by a low level of saturated fatty acids. Canola oil is to replace a similar amount of saturated fat and not increase the total number of calories you eat in a day.



# Nutrition Facts

Servings per Container **1134**  
Serving size **14.0g (14g)**

Amount per serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

0g trans fat per serving, particularly suited for salads, woks and all light frying uses. Canola oil is becoming the vegetable oil of choice in the health care industry, characterized by a low level of saturated fatty acids. Limited and not conclusive scientific evidence suggests that eating about 1 tablespoons (19 grams) of canola oil daily may reduce the risk of coronary heart disease due to the unsaturated fat content in canola oil. To achieve this possible benefit, canola oil is to replace a similar amount of saturated fat and not increase the total number of calories you eat in a day.

## Ingredients

fully refined canola oil. TBHQ and citric acid added to help preserve freshness. Dimethylpolysiloxane, and anti foam agent added

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

keep in dry area

## Serving Suggestions

For Frying

## Prep & Cooking Suggestions

keep in dry area

## 📄 Product Specifications

Brand	Manufacturer
Superb	Dot Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	592962	59296	00751884999682		1/35 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
36.6lb	35lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
9.75in	9.38in	15.88in	0.84ft3	20x3	300days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	14g	Sodium	0mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	1g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

