



Superb
59296 - Canola Oil

Canola oil is becoming the vegetable oil of choice in the health care industry, characterized by a low level of saturated fatty acids. Canola oil is to replace a similar amount of saturated fat and not increase the total number of calories you eat in a day.



Nutrition Facts

Servings per Container **1134**
Serving size **14.0g (14g)**

Amount per serving
Calories 120

| | % Daily Value* |
|------------------------------|----------------|
| Total Fat 14g | 18% |
| Saturated Fat 1g | 5% |
| Trans Fat | |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 0g | 0% |
| Dietary Fiber 0g | 0% |
| Total Sugars 0g | |
| Includes 0g Added Sugar | 0% |
| Protein 0g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

0g trans fat per serving, particularly suited for salads, woks and all light frying uses. Canola oil is becoming the vegetable oil of choice in the health care industry, characterized by a low level of saturated fatty acids. Limited and not conclusive scientific evidence suggests that eating about 1 tablespoons (19 grams) of canola oil daily may reduce the risk of coronary heart disease due to the unsaturated fat content in canola oil. To achieve this possible benefit, canola oil is to replace a similar amount of saturated fat and not increase the total number of calories you eat in a day.

Ingredients

fully refined canola oil. TBHQ and citric acid added to help preserve freshness. Dimethylpolysiloxane, and anti foam agent added

⚠ Allergens

Free From:



Handling Suggestions

keep in dry area

Serving Suggestions

For Frying

Prep & Cooking Suggestions

keep in dry area

📄 Product Specifications

| Brand | Manufacturer | Product Category |
|--------|--------------|---------------------|
| Superb | Dot Foods | Oils and Shortening |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-----|--------|-------|----------------|------|------------|
| | 592962 | 59296 | 00751884999682 | | 1/35 LB |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 36.6lb | 35lb | United States | Yes | |

| Shipping Information | | | | | | |
|----------------------|--------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 9.75in | 9.38in | 15.88in | 0.84ft3 | 20x3 | 300days | 60°F / 77°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|-----|---------------------|------|---------------|-----|
| Calories | 120 | Total Fat | 14g | Sodium | 0mg |
| Protein | 0 | Trans Fats | | Calcium | 0mg |
| Total Carbohydrates... | 0g | Saturated Fat | 1g | Iron | 0mg |
| Sugars | 0g | Added Sugars | 0g | Potassium | 0mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

