Hummus Chick

60781 - **Classic Hummus**

Inspired by a recipe that has been passed down for centuries. Slowly roasted garbanzo beans blended with luscious lemons, creamy tahini and a warm hint of cumin. Spread some on toasted pita with avocado and cucumbers-Yum!

Nutrition Facts

Servings per Container 5
Serving size

Amount per serving
Calories 70

	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0g	**0%**
Trans Fat	
Cholesterol 0mg	**0%**
Sodium 7mg	**0%**
Total Carbohydrate 9g	**3%**
Dietary Fiber 2g	**7%**
Total Sugars 1g	
Includes 0g Added Sugar	**0%**
Protein 4g	
Vitamin D 0mcg	**0%**
Calcium 4mg	**0%**
Iron 4mg	**22%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Inspired by a recipe thats been passed down for centuries. Our Classic is a no added oil recipe. Slowly roasted garbanzo beans mindfully blended with creamy tahini to celebrate the Mediterranean cuisine. Spread on toast with avocado and cucumbers, snack with fruits, and whisk with lemon and evoo for a homemade salad dressing.

The possibilities are endlessYum!

Ingredients

chickpeas, water, tahini (sesame puree), vinegar, sea salt, citric acid, natural flavors.

Allergens

Free From:

soy, tree nuts, wheat

Handling Suggestions

See label for suggestions

Serving Suggestions

A Mediterranean celebration perfect as an appetizer, a creamy dressing to nourish bowls, a vibrant midday snack with carrots, and the smoothest spread on sandwiches.

Prep & Cooking Suggestions

Ready to open and enjoy

Product Specifications

Brand	Manufacturer
Hummus Chick	Hummus Chick

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
854408006078	CH8	60781	00854408006078		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.25lb	6lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
10in	10in	5in	0.29ft3	16x13	55days	35°F / 37°F

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Nutrition Analysis - By Measure

Calories	70	Total Fat	3g	Sodium	7mg
Protein	4	Trans Fats		Calcium	4mg
Total Carbohydrates•••	9g	Saturated Fat	0g	Iron	4mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

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