



**Hummus Chick**  
**60782 - Roasted Garlic & Cilantro Hummus**

This hummus recipe will bring a global flair to local fare. Sweet, aromatic roasted garlic meets a refreshing balance of hand-plucked cilantro, dusted with cayenne pepper. Share with great friends during an afternoon of unforgettable conversation.



**\* Benefits**

Sweet, aromatic garlic confit and creamy tahini blended in perfectly cooked chickpeas meet a refreshing balance of hand-plucked cilantro for an herby finish. Top with tomatoes, crumbled feta, pickled beets, and share with great friends during an afternoon of unforgettable conversation. Hummus Chick hummus recipes are plant-based, gluten-free, and certified Kosher. Hummus Chick provides a sustainable and delicious 8oz sharable size or as a snack on-the-go. To entertain, our products add a Mediterranean flavor to any party.

**Ingredients**

Chickpeas, water, tahini (sesame puree), garlic, cilantro, vinegar, sea salt, citric acid, and natural flavors

**⚠ Allergens**

**Contains:**

sesame

**Free From:**

crustaceans eggs fish milk  
 peanuts soy tree nuts wheat

**Nutrition Facts**

Servings per Container	5
Serving size	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 6mg	6%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	12%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 4mg	4%
Iron 6mg	6%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Handling Suggestions**

refrigerate

**Serving Suggestions**

A Mediterranean celebration perfect as an appetizer, a creamy dressing to nourish bowls, a vibrant midday snack with carrots, and the smoothest spread on sandwiches. For vegans and vegetarians, our hummus is the perfect protein addition.

**Prep & Cooking Suggestions**

Ready to eat

**✏ Product Specifications**

Brand			Manufacturer			
Hummus Chick			Hummus Chick			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
	RGC8	60782	00854408006085		12/8 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
6.25lb		6lb	United States	Yes		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	5in	0.29ft3	16x13	60days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	90	Total Fat	3g	Sodium	6mg
Protein	4	Trans Fats	0g	Calcium	4mg
Total Carbohydrates...	11g	Saturated Fat	0g	Iron	6mg
Sugars	2g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

