

#### **Hummus Chick**

#### 60782 - Roasted Garlic & Cilantro Hummus



This hummus recipe will bring a global flair to local fare. Sweet, aromatic roasted garlic meets a refreshing balance of hand-plucked cilantro, dusted with cayenne pepper. Share with great friends during an afternoon of unforgettable conversation.



#### \* Benefits

Sweet, aromatic garlic confit and creamy tahini blended in perfectly cooked chickpeas meet a refreshing balance of hand-plucked cilantro for an herby finish. Top with tomatoes, crumbled feta, pickled beets, and share with great friends during an afternoon of unforgettable conversation. Hummus Chick hummus recipes are plant-based, gluten-free, and certified Kosher. Hummus Chick provides a sustainable and delicious 80z sharable size or as a snack on-the-go. To entertain, our products add a Mediterranean flavor to any party.

#### Ingredients

#### Allergens

Chickpeas, water, tahini (sesame puree), garlic, cilantro, vinegar, sea salt, citric acid, and natural flavors

#### Free From:









# **Nutrition Facts**

### Servings per Container Serving size

#### Amount per serving Colorias

5

Calories	90
% Dail	ly Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 6mg	0%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 4g	_
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 6mg	33%
Potassium 0mg	0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Handling Suggestions

#### See label for suggestions

#### Serving Suggestions

A Mediterranean celebration perfect as an appetizer, a creamy dressing to nourish bowls, a vibrant midday snack with carrots, and the smoothest spread on sandwiches. For vegans and vegetarians, our hummus is the perfect protein addition

#### Prep & Cooking Suggestions

Ready to eat

## **Product Specifications**

Brand	Manufacturer	Product Category	
Hummus Chick	Hummus Chick	Hummus & Bean Dip	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	RGC8	60782	00854408006085		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.25lb 6lb		United States	Yes	

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
10in	10in	5in	0.29ft3	16x13	60days	35°F / 37°F	





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#### Nutrition Analysis - By Measure

Calories	90	Total Fat	3g	Sodium	6mg
Protein	4	Trans Fats		Calcium	4mg
Total Carbohydrates	11g	Saturated Fat	0g	Iron	6mg
Sugars	2g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)	Vitamin A(RE)			Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium	Vitamin B-6			Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images







