



	ABEL & SCHAFER, INC.	Nutrition Fa	cts	
Kom		Servings per Container Serving size	iner	
	Amount per serving Calories			
			% Daily Value*	
		Total Fat	%	
		Saturated Fat	%	
10.2		Trans Fat		
		Cholesterol	%	
* Benefits	enefits Sodium		%	
		Total Carbohydrate	%	
		Dietary Fiber	%	
		Total Sugars		
		Includes Added Sugar	%	
Ingredients	Allergens	Protein		
		Vitamin D	%	
Rye Flour, Sunflower Seeds, Corn Grits, Chia Seeds, Potato Flour, Wheat	Contains:	Calcium	%	
Gluten, Wheat Flour, Salt, Flaxseeds, Wheat Germ,	() wheat	Iron	%	
Pumpkin Seeds, Pumpkin Powder, Wheat Bran, Rye	Free From:	Potassium	%	
Sour (Rye Flour, Water, Starter Cultures, Lactic Acid, Tricalcium Phosphate), Oat Fiber, Malt Extract, Malted Barley Flour, Guar Gum, Ascorbic Acid, Enzymes.	() crustaceans () eggs () fish () milk () peanuts () soy () tree nuts	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Product Specifications Handling Suggestions See label for suggestions Brand Manufacturer Product Category A & S Abel & Schafer Inc Serving Suggestions UPC MFG # SPC # GTIN Pack Pack Desc. See label for suggestions 6105201 61052.01 0000715803234995 1/50 LB Gross Weight Net Weight Country of Origin Kosher Child Nutrition 50.7lb 50lb **United States** Prep & Cooking Suggestions **Shipping Information** See label for suggestions Length Width Height Volume TIxHI Shelf Life Storage Temp From/To 16in 1.2ft3 5x8 60°F / 77°F 26in 5in 273days





Nutrition Analysis - By Measure

Calories	Total Fat	Sodium
Protein	Trans Fats	Calcium
Total Carbohydrates…	Saturated Fat	Iron
Sugars	Added Sugars	Potassium
Dietary Fiber	Polyunsaturated Fat	Zinc
Lactose	Monounsaturated Fat	Phosphorus
Sucrose	Cholesterol	
Vitamin A(IU)•	Vitamin D	Thiamin
Vitamin A(RE)	Vitamin E	Niacin
Vitamin C	Folate	Riboflavin
Magnesium	Vitamin B <i>-</i> 6	Vitamin B-1 2•
Monosodium	Sulphites	Nitrates

Additional Images



