



**Vermont Creamery**  
**61103 - Goat Log**

The Vermont Creamery Story begins with this mild fresh goat's milk cheese. Our award-winning fresh goat cheese is distinguished by its fresh milk taste, mild flavor, and smooth texture.



# Nutrition Facts

**Servings per Container** 4  
**Serving size** 1.00Z (1oz)

**Amount per serving**  
**Calories** 80

	% Daily Value*
<b>Total Fat</b> 6g	<b>0%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 21mg	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium 40mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

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### Ingredients

Pasteurized Cultured Goats' Milk (cultures contain milk), Salt, Enzymes. CONTAINS: Milk

### Allergens

**Contains:**



**Free From:**



## Handling Suggestions

See label for suggestions

## Serving Suggestions

Crumble it on salads, sprinkle on flatbreads, or spread on sandwiches. Use as a filling for ravioli, burgers or quiche. Spread it on crackers or rustic bread.

## Prep & Cooking Suggestions

See label for suggestions

## Product Specifications

Brand	Manufacturer	Product Category
Vermont Creamery	Land O Lakes Inc	Bakery Mixes, Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
011826100126	10012-12	61103	10011826100123		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4lb	3lb	United States		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.5in	8.5in	2in	0.11ft3	15x16	68days	35°F / 37°F



# Vermont Creamery 61103 - Goat Log

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## Nutrition Analysis - By Measure

Calories	80	Total Fat	6g	Sodium	60mg
Protein	5	Trans Fats		Calcium	21mg
Total Carbohydrates...	1g	Saturated Fat	4g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	40mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

