

## A&s 6112501 - Whole Grain Spelt Bread Mix

Vital Choice Whole Grain Spelt Bread Mix is a 100% Whole Grain Spelt Flour blend enhanced with apple fiber and sunflower seed. Makes rich, full- textured COURNETFONAL COURNETFONAL MULTIPALITY

European bread with high nutritional value **Nutrition Facts** Servings per Container 113 100.0g (100g) Serving size Amount per serving Calories 360 % Daily Value\* Total Fat 7g 9% Saturated Fat 0.5g 3% **61125,03** Trans Fat Cholesterol Omg 0% Sodium 800mg 35% **\*** Benefits Total Carbohydrate 62g 23% 18% Dietary Fiber 5g Total Sugars 7g Includes 1g Added Sugar 2% Protein 14g Ingredients Allergens 0% Vitamin D 0mcg **Contains:** Ingredients: Whole Grain Spelt Calcium 43mg 3% Flour, Organic Spelt, Sunflower ( wheat Iron 2mg 11% Seeds, Spelt Sour, Apple Flake Free From: Powder, Sea Salt, Guar Gum, 5% Potassium 239mg Dried Honey, Acacia Gum, (🔄 crustaceans 🕧 eggs 🔊 fish 👔 milk Whole Wheat Flour, Xanthan \* The % Daily Value (DV) tells you how much a nutrient in (S) peanuts (S) soy (D) tree nuts Gum, Malted Barley Flour, a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Pregelatinized Wheat Starch, Lecithin, Enzymes, Ascorbic Acid.

## Handling Suggestions **Product Specifications** Store for up to 12 months in a cool, dry environment at 20C/68F. Manufacturer Brand **Product Category** Abel & Schafer Inc A & S Serving Suggestions UPC MFG # SPC # GTIN Pack Pack Desc. Bread Mix 61125.03 6112501 00715803028570 1/25 LB Gross Weight Net Weight Child Nutrition Country of Origin Kosher 25.45lb 25lb **United States** Yes Prep & Cooking Suggestions **Shipping Information** Follow recipe on bag label and bake accordingly. Volume TIxHI Shelf Life Length Width Height Storage Temp From/To 273days 24in 15in 4in 0.83ft3 5x16 60°F / 77°F



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Nutrition Analysis - By Measure

Calories	360	Total Fat	7g	Sodium	800mg
Protein	14	Trans Fats		Calcium	43mg
Total Carbohydrates…	62g	Saturated Fat	0.5g	Iron	2mg
Sugars	7g	Added Sugars	1g	Potassium	239mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



