



A & S

# 6205301 - Cotton Gold Muffin Mix



Cotton Gold Muffin Mix is a special blend of nutritious seeds in a mouth-watering muffin mix. Suggested Application: Cotton Gold Muffin Mix produces muffins with a high, round dome and a soft moist texture that readily supports the addition of dried fruit. Goes particularly well with cranberries.



## Nutrition Facts

Servings per Container 227  
Serving size 100.0g (100g)

Amount per serving  
**Calories 360**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 640mg	<b>28%</b>
<b>Total Carbohydrate</b> 81g	<b>29%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 37g	
Includes 37g Added Sugar	<b>74%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	<b>0%</b>
Calcium 39mg	<b>3%</b>
Iron 2mg	<b>11%</b>
Potassium 130mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Cotton Gold Muffin Mix is a special blend of nutritious seeds in a mouth-watering muffin mix. Suggested Application: Cotton Gold Muffin Mix produces muffins with a high, round dome and a soft moist texture that readily supports the addition of dried fruit. Goes particularly well with cranberries. Abel & Schafer's Cotton Gold Muffin Mix has a powder appearance, gold in color, and has a sweet aroma.

### Ingredients

Sugar, White Whole Wheat Flour, Enriched Bleached Wheat Flour (Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Food Starch- Modified, Leavening (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dried Soy Milk, Wheat Starch, Hemp Flour, Rolled Wheat Flakes, Salt, Sodium Stearoyl Lactylate, Natural and Artificial Flavor, Distilled Monoglycerides, Colored with Beta Carotene, Sodium Alginate Blend (Sodium Alginate, Calcium Sulfate, Sodium Diphosphate, Sugar and/or Dextrose).

### Allergens

#### Contains:

soy wheat

#### Free From:

crustaceans eggs fish milk  
 peanuts tree nuts

### Handling Suggestions

Store for up to 12 months in a cool, dry environment at 20C/68F.

### Serving Suggestions

Muffin Mix

### Prep & Cooking Suggestions

Follow recipe on bag label and bake accordingly.

### Product Specifications

Brand	Manufacturer	Product Category
A & S	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	62053.01	6205301	00715803002358		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.7lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
26in	16in	5in	1.2ft3	5x8	273days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	360	Total Fat	1.5g	Sodium	640mg
Protein	6	Trans Fats		Calcium	39mg
Total Carbohydrates...	81g	Saturated Fat	0.5g	Iron	2mg
Sugars	37g	Added Sugars	37g	Potassium	130mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

