



Komplet

# 6206702 - Corn Muffin Mix

Description: Corn Muffin Mix is an exceptionally moist concentrate with a rich, sweet corn flavor.

Suggested Application: Corn Muffin Mix is perfect for gourmet muffins and corn bread.



## Nutrition Facts

Servings per Container 227  
Serving size 100.0g (100g)

Amount per serving  
**Calories 420**

% Daily Value\*

Total Fat 14g 18%  
Saturated Fat 4g 20%  
Trans Fat

Cholesterol 40mg 13%

Sodium 690mg 30%

Total Carbohydrate 67g 24%

Dietary Fiber 3g 11%

Total Sugars 26g  
Includes 25g Added Sugar 50%

Protein 7g

Vitamin D 0mcg 0%

Calcium 25mg 2%

Iron 1mg 6%

Potassium 79mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Description: Corn Muffin Mix is an exceptionally moist concentrate with a rich, sweet corn flavor.  
Suggested Application: Corn Muffin Mix is perfect for gourmet muffins and corn bread.  
Usage Level: Add eggs, oil and water according to the recipe on the bag label  
Corn Muffin Mix has a powder appearance, yellow in color, and has a sweet aroma.  
All ingredients comply with the FDAs CFR: Title 21 regulations and/or are considered Generally Recognized As Safe (GRAS).

### Ingredients

Wheat Flour, Sugar, Corn Meal, Vegetable Fat (Palm, Canola), Canola Oil, Pre-gelatinized Corn Flour, Dextrose, Dried Whole Egg, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Salt, Natural and Artificial Flavor, Xanthan Gum, Guar Gum, Colored with Beta Carotene.

### ⚠ Allergens

#### Contains:

🥚 eggs 🌾 wheat

#### Free From:

🦀 crustaceans 🐟 fish 🥛 milk 🥜 peanuts  
🌱 soy 🌳 tree nuts

### Handling Suggestions

Store for up to 12 months in a cool, dry environment at 20C/68F.

### Serving Suggestions

Make muffins or corn bread

### Prep & Cooking Suggestions

Add water according to bag label and bake.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Komplet	Abel & Schafer Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	62067.02	6206702	00715803003577		1/30 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
30.6lb	30lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	15in	6in	0.83ft3	5x12	273days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	420	Total Fat	14g	Sodium	690mg
Protein	7	Trans Fats		Calcium	25mg
Total Carbohydrates...	67g	Saturated Fat	4g	Iron	1mg
Sugars	26g	Added Sugars	25g	Potassium	79mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

