

Top Seedz

663116 - Maple Magic Roasted Seeds



The Maple Magic Roasted Seeds are a great snack that gives you a little energy and lots of flavors. They are great by themselves or to top salads, yogurt, or even ice cream. They are a perfect snack with a hint of sweetness and a perfect crunch that can make any creation more magical.



* Benefits

Top Seedz products are handmade with simple, organic ingredients. Their organic roasted seeds are a great snack that gives you a little energy and a lot of flavors. They are great by themselves or to top salads, yogurt, or even ice cream. Top Seedz Maple Magic Roasted Seeds are a perfect snack to put in a lunchbox, keep at your desk or bring on a road trip. A hint of sweetness and that perfect crunch can make any yogurt, ice cream or even soup a bit more...magical.

Ingredients	A Allergens
Sunflower Seeds*, Pumpkin Seeds*, Maple Syrup*, Extra Virgin Olive Oil* *Organic	Contains: Sesame Free From: Segs fish milk Seganuts segs segs wheat

Nutrition Facts

Servings per Container 6 Serving size 28.0g (28g)

Amount per serving Calories

160

Calonies	100
% I	Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 3g Added Sugar	%
Protein 7g	_
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2mg	10%
Potassium 180mg	4%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Keep in a cool, dry place UNIT UPC: 850046663116

Serving Suggestions

Perfect as a snack on its own or Suggested Pairings: Greek yogurt and fresh berries. Vanilla ice cream. Autumn squash bisque.

Prep & Cooking Suggestions

Ready to eat and enjoy.



Product Specifications

Brand	Manufacturer
Top Seedz	Top Seedz LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850046663116	663116	663116	10850046663113		12/6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.1lb	4.5lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13in	8in	8in	0.48ft3	12x8	78days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	160	Total Fat	13g	Sodium	0mg
Protein	7	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	7g	Saturated Fat	2g	Iron	2mg
Sugars	4g	Added Sugars	3g	Potassium	180mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

