



La Bonne Vie

67863 - Honey Goat Cheese Log

The La Bonne Vie Goat Log with Honey is sweet and tangy, with a smooth yet crumbly texture. Using real honey allows this cheese to stand out among other goat cheeses. Serve on a cheese board with fresh fruit; smeared on pancakes, waffles, or crepes.



Nutrition Facts

Servings per Container	4
Serving size	1oz
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 5g	7%
Saturated Fat 3.5g	18%
Trans Fat	
Cholesterol 20mg	7%
Sodium 75mg	3%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 2g Added Sugar	4%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

La Bonne Vie Goat Log with Honey is sweet and tangy, with a smooth yet crumbly texture. The cheese is then blended with sweet, aromatic honey for something like dessert with a hint of sophistication. This goat cheese is never chalky and never bitter. Using real honey allows this cheese to stand out among other goat cheeses making its uses endless. Serve on a cheese board with fresh fruit; smeared on pancakes, waffles, or crepes; or added to a banana smoothie for extra protein and flavor. La Bonne Vie goat cheese is made with vegetarian rennet and is gluten-free.

Ingredients

CULTURED PASTEURIZED GOATS MILK, HONEY POWDER (CANE SUGAR, HONEY), HONEY, SALT, ENZYMES. CONTAINS: MILK.

Allergens

Contains:



Free From:



Handling Suggestions

Keep refrigerated until ready to serve.

Serving Suggestions

Add it to a cheese board with fresh fruit. Try it smeared on pancakes, waffles, or crepes. Add it to a banana smoothie for extra protein and flavor.

Prep & Cooking Suggestions

Remove from package and serve.

Product Specifications

Brand	Manufacturer	Product Category
La Bonne Vie	La Bonne Vie	Cheese Natural Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581678630	1010168	67863	10820581678637		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.79lb	3.79lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.5in	7.38in	2in	0.1ft3	18x25	77days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	5g	Sodium	75mg
Protein	4	Trans Fats		Calcium	0mg
Total Carbohydrates...	4g	Saturated Fat	3.5g	Iron	0mg
Sugars	3g	Added Sugars	2g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

