



La Bonne Vie
67895 - Honey Goat Log

The La Bonne Vie Goat Log with Honey is sweet and tangy, with a smooth yet crumbly texture. Using real honey allows this cheese to stand out among other goat cheeses. Serve on a cheese board with fresh fruit; smeared on pancakes, waffles, or crepes.



Nutrition Facts

Servings per Container 11
Serving size 1.00Z (1oz)

Amount per serving
Calories 80

% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3.5g	18%
Trans Fat	
Cholesterol 20mg	7%
Sodium 105mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 30mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

La Bonne Vie Goat Log with Honey is sweet and tangy, with a smooth yet crumbly texture. The cheese is then blended with sweet, aromatic honey for something like dessert with a hint of sophistication. This goat cheese is never chalky and never bitter. Using real honey allows this cheese to stand out among other goat cheeses making its uses endless. Serve on a cheese board with fresh fruit; smeared on pancakes, waffles, or crepes; or added to a banana smoothie for extra protein and flavor.

Ingredients

Cultured Pasteurized goat's milk, honey, salt, enzymes
Contains: Goat Milk

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep Refrigerated

Serving Suggestions

Serve on a cheese board with fresh fruit; smeared on pancakes, waffles, or crepes.

Prep & Cooking Suggestions

Open & serve

📄 Product Specifications

Brand		Manufacturer		Product Category		
La Bonne Vie		La Bonne Vie				
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
820581678951	32975	67895	10820581678958		6/10.5 OZ	
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
4.37lb	3.94lb	United States		No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.75in	7.25in	1.75in	0.09ft3	20x20	75days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	80	Total Fat	5g	Sodium	105mg
Protein	4	Trans Fats		Calcium	20mg
Total Carbohydrates...	4g	Saturated Fat	3.5g	Iron	0mg
Sugars	2g	Added Sugars	2g	Potassium	30mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

