

### Love Struck 682621 - Ginger Ninja Smoothie

A bold hit of banana, blueberry, carrot, courgette and ginger - winter blues be gone! This is a classic mix of warming flavours to provide a smoothie with a kick!



N	<b>Nutrition Facts</b>				
	Servings per Container 1 Serving size 140.0g (140g) Amount per serving Calories 90				
LO					
	% Daily Value*				
	Total Fat 0g	0%			
		Saturated Fat 0g	0%		
	Trans Fat				
	Cholesterol 0mg	0%			
* Benefits	Sodium 10mg	0%			
	Total Carbohydrate 19g	7%			
A bold hit of banana, blueberry, ca winter blues be gone! This is a clas	Dietary Fiber 2g	7%			
provide a smoothie with a kick!	Total Sugars 15g				
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 1g			
ingreateries			001		
Banana, Blueberries, Carrot, Courgette, Ginger	Free From:	Vitamin D 0mcg	0%		
	() crustaceans () eggs () fish () milk	Calcium 20mg	2%		
	Speanuts (S) soy (1) tree nuts () wheat	Iron 1mg	6% 8%		
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.	a nutrient in		

Handling Suggestions

Frozen

### Serving Suggestions

Pre-prepped frozen smoothie sachets. Makes a perfect smoothie with minimum waste and time Simply blend one of our 4.9oz frozen fruit or vegetable sachets with 7 fl oz of apple juice to make the perfect smoothie in 30 seconds. Perfect every time. Just 3 steps!

## Prep & Cooking Suggestions

Add 7 fl oz of apple juice to a blender. Add a 4.9oz sachet. Blend for 30 seconds. Serve in 12oz cup

# Product Specifications

Brand			Manufacturer			Product Category				
Love Struck			Love Struck Inc							
UI	PC	MFG a	# !	SPC #	GTIN		I Pack		ack	Pack Desc.
5060280	)584466	9200	6	8262 <sup>-</sup>	1 008	500596	525170		30/140 GR	
Gross Weight Net W			ight	Cou	intry of (	Origin	Ко	sher	Ch	ild Nutrition
9.71	b	9.26ll	b		Poland			No		
Shipping Information										
Length	Width	Height	Volu	ume	TIxHI	Shelf I	Life	Storage Temp From/To		
12.59in	9.44in	5.9in	0.4	1ft3	14x13	540da	ays	ys -2°F / -5°F		





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Nutrition Analysis - By Measure

Calories	90	Total Fat	Og	Sodium	10mg
Protein	1	Trans Fats		Calcium	20mg
Total Carbohydrates…	19g	Saturated Fat	Og	Iron	1mg
Sugars	15g	Added Sugars	Og	Potassium	370mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images



